

WATERMARK WAVES

The Father's Love and Care

A six-session companion workbook

Scripture • Reflection • Prayer • Practice

Living an Authentic Life
Through the Holy Spirit.

US Letter | Print at actual size (100%)

Welcome

God's love gives us a reason to turn toward Him. His Son, Jesus Christ, died for sinners and rose again. Through faith in Christ, we receive forgiveness and life with God. This study invites you to learn about the Father's heart and respond to His care.

Use this workbook alongside the twelve Articles in [Father's Love and Care](#). The Articles provide the teaching. The workbook helps you read Scripture, ask questions, pray, and put what you learn into practice. The twelve companion Articles are free to read online and require internet access. Their full text is not included in this download. You will also need a Bible for the passage readings.

How to Use This Workbook

- Read each Article and the full Bible passage listed beside it.
- Answer from the passage before adding your own thoughts. Include verse references.
- Complete one session at a time. You can split its two readings across two sittings.
- Write what you notice and what you still need to understand.
- Choose one action, then return to it before the next session.
- Use the group questions if you are studying with others.

Scripture quotations in this workbook use the World English Bible (WEB). Some linked Articles use other translations. Read the whole passage in your Bible so a single verse stays connected to its setting.

These exercises do not earn God's acceptance. We depend on Christ for salvation and on the Holy Spirit for growth. If you are still exploring faith, bring your questions into the study. You do not need to pretend that you believe or understand something you do not.

Session 1: Love Revealed in Christ

Our aim: Learn what the cross reveals about God's love, then respond with faith and love for others.

Before You Begin

You can complete this session in two sittings. Read the first Article and its Bible passage, then answer the first set of questions. Return to the second reading when you are ready. Use your Bible alongside this workbook.

You do not need polished answers. Write what you notice, name what you do not understand, and ask God to help you receive His truth.

Opening prayer: Father, help me understand Your love through Your Word. Show me what You have done through Jesus Christ. Help me trust You and respond to Your love. Amen.

Reading One: God's Love for Us

Read [God's Love for Us: What the Bible Reveals About God's Heart](#).

Read in your Bible: Romans 5:6-11.

But God commends his own love toward us, in that while we were yet sinners, Christ died for us.

Romans 5:8 (WEB)

Paul describes people who could not restore their own relationship with God. Christ died for sinners. God's love reaches us through what Jesus has done, before we could earn His favor.

Jesus died for our sins and rose again. Through faith in Him, we receive forgiveness and peace with God. The cross gives us a foundation for trust when our feelings or circumstances raise questions about His care.

Look at the passage

1. What words in Romans 5:6-10 describe our condition before reconciliation with God?

2. What did God do for people in that condition? Name the verses that support your answer.

3. What do verses 9-11 say Christ's work makes possible?

Session 1: Love Revealed in Christ

Bring it into your life

When do you feel pressure to earn God's acceptance? How does this passage speak to that pressure?

Reading Two: God Is Love Meaning

Read [God Is Love Meaning: Understanding 1 John 4:8](#).

Read in your Bible: 1 John 4:7-12.

By this God's love was revealed in us, that God has sent his one and only Son into the world that we might live through him.
1 John 4:9 (WEB)

John connects God's character with the gift of His Son. He also calls believers to love one another. Knowing God's love should shape how we treat people.

Verse 10 describes Jesus as the “atoning sacrifice for our sins.” His sacrifice deals with our guilt before God. God's love takes sin seriously and provides forgiveness through Christ.

Look at the passage

4. What do verses 7-8 teach about the connection between knowing God and loving others?

5. According to verses 9-10, how did God reveal His love, and why did He send His Son?

6. What response does John call for in verse 11? How does that response grow from what God has done?

Session 1: Love Revealed in Christ

Connect the Two Readings

Complete the following using the Bible passages. Include a verse reference with each response.

What I learned	My response and verse reference
God showed His love by...	
Christ's work meets my need for...	
God's love calls me to...	

Take One Step

Imagine a friend cancels plans when you were counting on their company. You feel hurt and want to send an angry message. Receiving God's love can help you pause, speak the truth without attacking, and ask what happened.

Think of one relationship where you can show patience, kindness, or care this week. Choose a specific action. You might listen without interrupting, offer help, or apologize for words that caused harm.

The person or situation I have in mind:

One action I will take, and when:

This action is a response to grace. It does not earn salvation or make God owe you His care. Ask the Holy Spirit to help you follow Christ.

Respond in Prayer

Father, thank You for showing Your love through Jesus. I confess that I have sinned and cannot make myself right with You. Help me turn from sin and trust Your Son, who died and rose again. Teach me to rest in Your grace. By Your Spirit, help me love others with truth, patience, and care. Amen.

Use this prayer as a starting point. Speak to God in your own words. Salvation rests in Christ, rather than in completing a workbook or repeating a prayer.

My prayer:

Session 1: Love Revealed in Christ

Optional Group Discussion

- What did you notice in the passages that you had overlooked before?
- How does the cross help us understand love when life is painful?
- How can we encourage obedience without making people feel they must earn God's acceptance?
- What is one way our group could show Christ's love this week?

Share only what you are comfortable sharing. Leave room for questions and listen to one another.

Before the Next Session

Read Romans 5:8 again during the week. Remember what Christ has done, and follow through on your chosen action.

Next session: Seeing God's Love in Scripture - paired with Bible Verses About God's Love and How God Shows His Love.

Notes and Prayer Requests
