

WATERMARK WAVES

The Father's Plan of Redemption

Understanding God's Saving Purpose Through Jesus Christ

A six-session companion workbook

Scripture • Reflection • Prayer • Practice

Living an Authentic Life
Through the Holy Spirit.

US Letter | Print at actual size (100%)

Welcome

The Bible tells one unfolding story of God's saving purpose through Jesus Christ. This workbook helps you trace that story, understand your need for redemption, and respond with faith, worship, prayer, and obedience.

This six-session workbook accompanies twelve free Watermark Waves Articles. The full Article text is not included. Internet access is needed for the companion readings. Use your Bible for the passages and write in your own words.

The Father sent His Son, who died for our sins and rose again. Through repentance and faith in Christ, sinners receive forgiveness and life with God. The Holy Spirit gives new life and helps believers grow to become more like Christ. Completing a workbook does not earn salvation.

How to Use This Workbook

- Complete each session in two sittings if that helps you read with care.
- Read each Bible passage in its setting. Include verse references in your answers.
- For difficult passages, compare Bible translations and read the surrounding verses.
- Write down questions. Do not force an answer where Scripture leaves a question open.
- Group discussion is optional. Share only what you choose.
- The PDFs are designed for printing and handwriting; they are not fillable.

Personal Use Permission

The purchased workbook package is for one person. You may print copies for your own use, including when attending a group. Do not share purchased files, distribute copies, resell them, or upload them online. Each participant needs their own purchase. The companion Articles remain free to read and share by link.

Your Reading Plan

Session	Focus	Companion Articles
1	Redemption Begins With God	What Is the Plan of Redemption? / Before the Foundation of the World
2	Facing Our Need for Rescue	Why Did God Create Us If He Knew We Would Sin? / Why Did God Allow the Fall?
3	From the First Promise to Christ	Genesis 3:15 Meaning / Redemption Timeline: God's Plan from Creation to Christ
4	Reading One Unfolding Story	What Is Redemptive History? / How the Old Testament Points to Jesus
5	The Father Sends the Son	Why Did God Send Jesus? / Father and Son in Salvation
6	Responding to Love and Hope	God's Love in Salvation / God's Plan of Redemption: From Genesis to Revelation

Each session includes two readings, six Scripture questions, life reflection, a connection table, a practical step, prayer, optional group discussion, and notes.

Optional whole-chapter Bible reading appears at the end of each session.

[Open the Father's Plan of Redemption Study.](#)

Session 1: Redemption Begins With God

Before You Begin

When you hear the word redemption, what comes to mind? Bring one question about God's saving work to these readings.

Opening prayer: Father, help me see my need for Your grace. Lead me to trust Jesus Christ and depend on Your Spirit. Let Your Word shape my gratitude and obedience. Amen.

Reading One: What Is the Plan of Redemption?

Read [What Is the Plan of Redemption?](#).

Read in your Bible: **Ephesians 2:1-10; Mark 10:42-45.**

Paul describes our need for rescue and the mercy of God. Salvation is a gift of grace, received through faith in Christ. Good works follow salvation; they do not earn it. In Mark, Jesus contrasts the desire to rule others with His own mission to serve and give His life as a ransom. Read verse 45 within that call to serve.

Look at the Passage

1. How does Ephesians 2:1-3 describe life apart from Christ? What does this show about our need?

2. What does God do in Ephesians 2:4-7, and what reasons does Paul give for His action?

3. How do Ephesians 2:8-10 connect grace, faith, and good works? What does Mark 10:45 add about the cost of rescue?

Bring it into your life

Where are you tempted to treat God's acceptance as something you must earn? How could these verses shape your response?

Session 1: Redemption Begins With God

Reading Two: Before the Foundation of the World

Read [Before the Foundation of the World: The Father's Plan of Redemption](#).

Read in your Bible: **Ephesians 1:3-14; 1 Peter 1:18-21.**

Ephesians 1 is praise for God's grace in Christ. Paul connects the Father's purpose with adoption, forgiveness through the Son, and the promised Holy Spirit. Peter describes the cost of redemption and says Christ was foreknown before creation but revealed in history. These passages lead us to gratitude. They do not answer every question about God's eternal purpose or remove our call to trust and obey Him.

Look at the Passage

4. According to Ephesians 1:4-6, when did God choose His people in Christ, and what purposes does Paul name?

5. What gifts come through the Son in Ephesians 1:7-12? What does Paul say about the Spirit in verses 13-14?

6. What contrast does 1 Peter 1:18-21 make about the price of redemption? What does it say about Christ before creation and His appearance in history?

Bring it into your life

Which gift named in these passages gives you a reason to thank God today? Include a verse reference.

Session 1: Redemption Begins With God

Connect the Two Readings

Hold the passages together. Write what each contributes and include a verse reference.

What I learned	My response and verse reference
Our need and God's gift of grace	
Redemption through Jesus Christ	
God's purpose leads to praise and obedience	

Take One Step

A friend says, "I hope I have done enough good things for God to accept me." Write a kind response from Ephesians 2:8-10. Then name one act of service you can offer from gratitude rather than to earn salvation.

Prayer

Thank the Father for His grace, the Son for His saving work, and the Spirit for His presence. Ask for help to trust Christ and walk in the good works God calls you to do.

Session 1: Redemption Begins With God

Optional Group Discussion

- How does Paul describe both our need and God's response in Ephesians 2?
- How do these passages keep Jesus Christ at the center of redemption?
- What changes when we serve from gratitude rather than a desire to earn acceptance?

Listen with patience. Keep the passages open and distinguish what they say from questions they do not settle.

Optional Further Reading

Read the whole chapter: **Ephesians 1**. Notice how Paul's praise in verses 3-14 leads into his prayer in verses 15-23. Consider what he wants believers to know about their hope and Christ's power.

What does this chapter add to what you learned in this session? Include a verse reference.

After This Session

Return to one passage during the week. Follow through on your step and note what you learned.

Notes and Prayer Requests
