

WATERMARK WAVES

Biblical Foundations of the Trinity

Reading the Bible's Witness to the One True God

A six-session companion workbook

Scripture • Reflection • Prayer • Practice

Living an Authentic Life
Through the Holy Spirit.

US Letter | Print at actual size (100%)

Welcome

Christians confess one God who eternally exists as Father, Son, and Holy Spirit. This workbook helps you examine the biblical passages behind that confession, read them in context, and respond with worship, prayer, and obedience.

This six-session workbook accompanies twelve free Watermark Waves Articles. The full Article text is not included. Internet access is needed for the companion readings. Use your Bible for the passages and write in your own words.

No single verse explains every part of the doctrine. Read the passages together, noticing both what each states and how it contributes to the wider biblical picture. The Father, Son, and Spirit are distinct Persons, fully divine, and united in the work of the one God.

How to Use This Workbook

- Complete each session in two sittings if that helps you read with care.
- Read each Bible passage in its setting. Include verse references in your answers.
- For difficult passages, compare Bible translations and read the surrounding verses.
- Distinguish a direct statement from an inference. Record questions for further study.
- Group discussion is optional. Share only what you choose.
- The PDFs are designed for printing and handwriting; they are not fillable.

Personal Use Permission

The purchased workbook package is for one person. You may print copies for your own use, including when attending a group. Do not share purchased files, distribute copies, resell them, or upload them online. Each participant needs their own purchase. The companion Articles remain free to read and share by link.

Your Reading Plan

No.	Focus	Companion Articles
1	One God, Creator of All	God Is One Meaning / The Father, Son, and Holy Spirit in Creation
2	The Eternal Word Became Flesh	John 1:1 Meaning / The Word Became Flesh
3	Confessing the Son as God	John 20:28 Meaning / Colossians 2:9 Meaning
4	The Holy Spirit Is God	Is the Holy Spirit God? / Acts 5:3-4 Meaning
5	Distinct Persons, United Work	John 14:16-17 Meaning / John 16:13-15 Meaning
6	Salvation and Prayer	Ephesians 1:3-14 Meaning / Why Christians Pray to the Father Through the Son by the Holy Spirit

Each session includes two readings, six Scripture questions, life reflection, a connection table, a practical step, prayer, optional group discussion, and notes.

Optional whole-chapter Bible reading appears at the end of each session.

[Open the Biblical Foundation for Trinity Study.](#)

Session 1: One God, Creator of All

Before You Begin

What does it mean to give God your whole heart? Bring one question about His oneness to these readings.

Opening prayer: Father, help me listen carefully to Your Word. Teach me to honor Jesus Christ and depend on Your Spirit. Shape my love, worship, and obedience. Amen.

Reading One: God Is One

Read [God Is One Meaning: Understanding Deuteronomy 6:4 and the Trinity](#).

Read in your Bible: **Deuteronomy 6:4-9; Mark 12:28-34.**

Moses calls Israel to hear, love, and remember the Lord amid the temptations of life in the promised land. Jesus affirms this command and connects it with love for our neighbor. These passages establish God's oneness and our wholehearted allegiance. They do not, by themselves, explain every distinction between Father, Son, and Spirit.

Look at the Passage

1. What does Deuteronomy 6:4-5 call Israel to believe and do? How are these connected?

2. How do Deuteronomy 6:6-9 bring love for God into ordinary life and the teaching of children?

3. In Mark 12:28-34, how do Jesus and the scribe connect love for God, love for others, and sacrifices?

Bring it into your life

Which daily habit could help you remember God and love a neighbor this week?

Session 1: One God, Creator of All

Reading Two: Father, Son, and Spirit in Creation

Read The Father, Son, and Holy Spirit in Creation: What the Bible Says.

Read in your Bible: **Genesis 1:1-3; 1 Corinthians 8:4-6; Psalm 104:24-30.**

Genesis opens with God creating and His Spirit present over the waters. Paul discusses idols, affirms one God, and names the Father and Jesus Christ in relation to all things. Psalm 104 praises God's provision and His Spirit's life-giving work. Read these as witnesses to the one Creator's united work, rather than three separate creators.

Look at the Passage

4. What does Genesis 1:1-3 state about God, the Spirit of God, and the beginning of creation?

5. In 1 Corinthians 8:4-6, what does Paul say about idols, one God the Father, and one Lord Jesus Christ? How does he relate all things to the Father and Christ?

6. How does Psalm 104:24-30 describe creation depending on God? What does verse 30 say about His Spirit?

Bring it into your life

What part of creation reminds you of your dependence on God? Turn that observation into thanks, using a verse from these readings.

Session 1: One God, Creator of All

Connect the Two Readings

Hold the passages together. Record what each states and include a verse reference.

What I learned	My response and verse reference
One God calls for wholehearted love	
All things are from the Father and through Christ	
God's Spirit and creation's dependence on Him	

Take One Step

Explain to a friend why Christians worship one God. Use one passage from each reading, and identify a question these passages leave for later sessions. Then choose one way to express wholehearted love for God today.

Prayer

Praise the one Creator. Thank the Father for His care, the Son through whom all things were made, and the Spirit for His life-giving work. Ask for help to love God and your neighbor in everyday life.

Session 1: One God, Creator of All

Optional Group Discussion

- How does the setting of Deuteronomy 6 help you understand its call to love God?
- What does each creation passage contribute to the picture of the one Creator?
- Which conclusions do these passages directly state, and which need further biblical support?

Listen with patience. Keep the passages open, and allow questions to lead to careful study.

Optional Further Reading

Read the whole chapter: **Deuteronomy 6**. Notice the connection between remembering the Lord, teaching His commands, receiving His gifts, and resisting the temptation to forget Him.

What does this chapter add to what you learned in this session? Include a verse reference.

After This Session

Return to one passage during the week. Follow through on your step and note what you learned.

Notes and Prayer Requests
