WATERMARK WAVES

Trinity in Scripture

Following the Bible's Unfolding Story

A six-session companion workbook

Scripture - Reflection - Prayer - Practice

Living an Authentic Life
Through the Holy Spirit.

A4 | Print at actual size (100%)

Welcome

The Bible tells one unfolding story. The God who creates and makes promises is the God who sends His Son and gives His Spirit. This workbook follows that story through the Old Testament, the life of Jesus, the early church, and the hope of the new creation.

Christians confess one God in three distinct Persons: Father, Son, and Holy Spirit. The Old Testament lays foundations. The coming of Jesus and the giving of the Spirit bring greater clarity. We will read each passage in its own setting and then consider how later Scripture helps us understand it.

This six-session workbook accompanies twelve free Watermark Waves Articles. The full Article text is not included. Internet access is needed for the companion readings. Use your Bible for the passages and write in your own words.

How to Use This Workbook

- Complete each session in two sittings if that helps you read with care.

- Read each Bible passage in its setting. Include verse references in your answers.

- For difficult passages, compare Bible translations and read surrounding verses.

- Notice what an early passage states and what becomes clearer in later Scripture.

- Group discussion is optional. Listen with patience and share only what you choose.

- The PDFs are designed for printing and handwriting; they are not fillable.

Personal Use Permission

This workbook is free for personal use. You may download both paper sizes and print copies for your own use, including when attending a group. Please share the Watermark Waves Study link so others can download their own copy. Do not resell the files, distribute copies, or upload them online. The companion Articles are free to read and share by link.

Your Reading Plan

No.	Focus	Companion Articles
1	Begin With the Creator	Trinity in Genesis / Trinity in the Old Testament
2	Hear the Promise of the King	Trinity in the Psalms / Trinity in Isaiah
3	Meet the Son Who Came	Trinity in the Gospels / Trinity in Luke's Gospel
4	Hear Jesus and Follow His Mission	Trinity in John's Gospel / Trinity in the Book of Acts
5	Live as God's People	Trinity in Paul's Letters / Trinity in the General Epistles
6	Look Toward the Fulfilled Story	Trinity in the New Testament / Trinity in Revelation

Each session includes two readings, six Scripture questions, life reflection, a connection table, a practical step, prayer, optional group discussion, and notes.

Optional whole-chapter Bible reading appears at the end of each session.

The full workbook closes with Look Back: One God Across the Biblical Story; Tell the Story in Your Own Words; and Keep Walking in Faith.

Open the Trinity in Scripture Study.

Session 1: Begin With the Creator

Before You Begin

What do you notice about God in the opening chapters of the Bible? Bring one question about creation or His promises to these readings.

Opening prayer: Father, help me hear Your Word in its setting. Teach me to see Your saving purpose through Jesus Christ and grow through Your Spirit. Amen.

Reading One: Creation and the Beginning of the Story

Read Trinity in Genesis: Father, Son, and Holy Spirit in the Book of Beginnings.

Read in your Bible: **Genesis 1:1-3, 26-28; Genesis 3:14-15.**

Genesis begins with God creating, His Spirit present over the waters, and His command bringing light. It then describes people made in His image. After human rebellion, God announces conflict between the serpent and the woman's offspring. Christians read this promise within the story that leads to Christ. Genesis does not yet name Father, Son, and Spirit together or explain the full doctrine of the Trinity.

Look at the Passage

1. What does Genesis 1:1-3 say about God, His Spirit, and His command? What does this passage state without relying on later books?

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2. What changes between the wording of Genesis 1:26 and 1:27? What is clear about who creates humanity and whose image people bear?

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3. In Genesis 3:14-15, whom does God address, and what conflict and outcome does He announce? What details about the promised offspring are not yet given?

Bring it into your life

How should being made in God's image shape the way you treat someone this week?

Session 1: Begin With the Creator

Reading Two: Read the Beginning in Light of What Follows

Read Trinity in the Old Testament: How the Bible Points to One God in Three Persons.

Read in your Bible: **Deuteronomy 6:4-9; John 1:1-3, 14; Luke 24:44-49.**

Moses calls Israel to love the one Lord and remember His commands. John begins with language that recalls Genesis, revealing the Word who was with God, was God, and became flesh. The risen Jesus helps His disciples understand the Scriptures in light of His suffering, resurrection, and their mission. Later revelation adds clarity without replacing the Old Testament. Genesis' plural wording alone does not settle every question about the Trinity.

Look at the Passage

4. In Deuteronomy 6:4-9, what does Israel confess about God? How should that confession shape love, remembrance, and teaching?

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5. How do John 1:1-3 and 14 help you understand creation and the identity of Jesus? Name what John states that Genesis 1 does not yet explain.

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6. In Luke 24:44-49, how does Jesus connect the Scriptures with His death, resurrection, and the disciples' mission? What does He tell them to await?

Bring it into your life

What could help you read an Old Testament passage in its setting before connecting it with Christ? Choose one reading habit.

Session 1: Begin With the Creator

Connect the Two Readings

Record what an early passage reveals and what later Scripture adds. Include verse references.

What I learned	My response and verse reference
Genesis reveals the Creator and His Spirit.	
John identifies the eternal Word who became flesh.	
Jesus connects the Scriptures with His saving work.	

Take One Step

Read Genesis 1:1-3 and John 1:1-3 side by side. Write two sentences about what each passage contributes. Name one question Genesis leaves open, then thank God for what He has made known through Christ.

Prayer

Praise God as Creator. Thank Him for revealing His Son and beginning His saving story amid human sin. Ask His Spirit to help you read with care, trust Christ, and honor people made in His image.

Session 1: Begin With the Creator

Optional Group Discussion

- What can we say from Genesis 1 itself, and what do we learn by reading John 1?

- Why should we avoid making the word "us" carry the whole doctrine of the Trinity?

- How does Jesus' explanation in Luke 24 help us connect the Old Testament with the Gospel?

Keep each passage open. Distinguish what the text states from a conclusion drawn by reading several passages together.

Optional Further Reading

Read the whole chapter: **Genesis 1.** Notice God's commands, the goodness of creation, the place of humanity, and the gifts entrusted to people.

What does this chapter add to what you learned in this session? Include a verse reference.

After This Session

Return to one passage during the week. Follow through on your reading habit and act of care for a neighbor.

Notes and Prayer Requests

Session 2: Hear the Promise of the King

Before You Begin

What do the Psalms and prophets teach you to hope for?

Opening prayer: Father, help me read Your Word with care, trust Your Son, and respond through the work of Your Spirit. Amen.

Reading One: Trinity in the Psalms

Read Trinity in the Psalms.

Read in your Bible: **Psalm 2:1-12; Psalm 110:1-4; Mark 12:35-37.**

Psalm 2 portrays rebellion against the Lord and His anointed King. Psalm 110 describes the Lord addressing David's Lord and promising a lasting priesthood. Jesus later asks how the Messiah can be both David's son and Lord. Read the royal Psalms in their setting before tracing their fulfillment in Christ. They contribute to the picture without stating the whole doctrine of the Trinity.

Look at the Passage

1. How does Psalm 2 contrast the nations' rebellion with God's purpose for His King? What response do verses 10-12 call for?

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2. In Psalm 110:1-4, what does the Lord promise David's Lord concerning rule and priesthood?

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3. In Mark 12:35-37, what question does Jesus raise about the Messiah? How does this help you return to Psalm 110?

Bring it into your life

Where do you need to move from resistance to trust in God's King?

Session 2: Hear the Promise of the King

Reading Two: Trinity in Isaiah

Read Trinity in Isaiah.

Read in your Bible: **Isaiah 11:1-5; Isaiah 61:1-3; Luke 4:16-21.**

Isaiah promises a ruler from Jesse's line on whom the Lord's Spirit rests. Isaiah 61 describes an anointed messenger bringing good news and restoration. Jesus reads from this passage in Nazareth and declares its fulfillment. Luke helps identify the promised mission with Jesus. Notice what Isaiah says about the Lord, His Spirit, and the anointed One without treating every detail as a complete explanation of God's nature.

Look at the Passage

4. What qualities and actions mark the promised ruler in Isaiah 11:1-5? How is the Spirit related to His rule?

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5. In Isaiah 61:1-3, who anoints and sends the speaker? What needs does the mission address?

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6. In Luke 4:16-21, what does Jesus read and announce? How does His announcement help you understand Isaiah's promise?

Bring it into your life

Who near you needs care that reflects Christ's compassion? Name a concrete act.

Session 2: Hear the Promise of the King

Connect the Two Readings

Hold the passages together. Record what supports each truth and include a verse reference.

What I learned	My response and verse reference
The Lord establishes His King.	
The Spirit rests on the promised ruler.	
Jesus announces the promised mission.	

Take One Step

Read one promise from Isaiah beside its use in Luke. Write what becomes clearer through Jesus. Choose an act of care for someone who is hurting.

Prayer

Father, thank You for keeping Your promises in Christ. Teach me to trust His rule and reflect His compassion through Your Spirit.

Session 2: Hear the Promise of the King

Optional Group Discussion

- What did each Psalm first say about God's King?

- What does Luke add to our reading of Isaiah?

- How can hope in Christ shape service today?

Listen with patience. Keep the passages open and let questions lead to further study.

Optional Further Reading

Read the whole chapter: **Isaiah 11.** Notice the promised ruler's justice and the picture of peace that follows.

What does this chapter add to what you learned? Include a verse reference.

After This Session

Return to one passage during the week. Follow through on your practical step and note what you learned.

Notes and Prayer Requests

Session 3: Meet the Son Who Came

Before You Begin

What event in Jesus' life helps you understand who He is?

Opening prayer: Father, help me read Your Word with care, trust Your Son, and respond through the work of Your Spirit. Amen.

Reading One: Trinity in the Gospels

Read Trinity in the Gospels.

Read in your Bible: **Matthew 3:13-17; Matthew 28:16-20.**

The Gospels tell of Jesus' life, death, and resurrection. At His baptism, the Father speaks and the Spirit descends on the Son. After His resurrection, Jesus sends His disciples to baptize in the name of Father, Son, and Spirit. These scenes reveal personal distinction and place all three within the life and mission of disciples. Read the command alongside Jesus' authority and promise.

Look at the Passage

1. In Matthew 3:13-17, what happens as Jesus is baptized? What does the Father say about Him?

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2. In Matthew 28:16-18, how do the disciples respond, and what authority does Jesus declare?

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3. In Matthew 28:19-20, what are disciples commanded to do? How do baptism, teaching, and Jesus' presence belong together?

Bring it into your life

Which part of following Jesus needs your attention: trust, learning, obedience, or helping another person grow?

Session 3: Meet the Son Who Came

Reading Two: Trinity in Luke's Gospel

Read Trinity in Luke's Gospel.

Read in your Bible: **Luke 1:26-38; Luke 3:21-22; Luke 4:1-14.**

Luke describes the announcement of Jesus' birth and the Spirit's work in His coming. At His baptism Jesus prays, the Spirit descends, and the Father speaks. The Spirit then leads Him into the wilderness, where He resists temptation with Scripture. The eternal Son becomes truly human; these scenes do not describe the beginning of His divine existence.

Look at the Passage

4. In Luke 1:26-38, what does the angel say about Jesus' identity, kingdom, and conception? How does Mary respond?

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5. What does Luke 3:21-22 reveal about Jesus, the Spirit, and the Father's testimony?

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6. In Luke 4:1-14, how does Jesus answer temptation? What role does Scripture have in His responses?

Bring it into your life

Choose one passage to remember when you face a temptation or pressure this week.

Session 3: Meet the Son Who Came

Connect the Two Readings

Hold the passages together. Record what supports each truth and include a verse reference.

What I learned	My response and verse reference
The Father identifies His beloved Son.	
The Spirit is present in Jesus' mission.	
The risen Son sends disciples to obey and teach.	

Take One Step

Return to Matthew 28:16-20. Name one command of Jesus to practice and one person to encourage in following Him. Let His promise support your step.

Prayer

Thank the Father for His beloved Son. Praise Jesus for His obedience and victory. Ask the Spirit to help you resist temptation and follow Christ.

Session 3: Meet the Son Who Came

Optional Group Discussion

- What do the baptism scenes reveal about personal distinction?

- How does Luke show Jesus' true humanity?

- How does Jesus' presence encourage the mission He gives?

Listen with patience. Keep the passages open and let questions lead to further study.

Optional Further Reading

Read the whole chapter: **Luke 4.** Trace Jesus' temptation, teaching, and care for people as His public ministry begins.

What does this chapter add to what you learned? Include a verse reference.

After This Session

Return to one passage during the week. Follow through on your practical step and note what you learned.

Notes and Prayer Requests

Session 4: Hear Jesus and Follow His Mission

Before You Begin

What does Jesus promise His disciples as He prepares them for His departure?

Opening prayer: Father, help me read Your Word with care, trust Your Son, and respond through the work of Your Spirit. Amen.

Reading One: Trinity in John's Gospel

Read Trinity in John's Gospel.

Read in your Bible: **John 14:1-11, 16-17, 25-26; John 16:13-15.**

Before His arrest, Jesus comforts His disciples and teaches about the Father and the coming Counselor. He reveals the Father without being the same Person as the Father. The Spirit will teach and remind these disciples of Jesus' words and glorify Him. Read the promises in this setting, then consider how their witness helps believers know Christ.

Look at the Passage

1. In John 14:1-11, how does Jesus connect knowing Him with knowing the Father? What does He say about coming to the Father?

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2. In John 14:16-17 and 25-26, who asks, who sends, and what will the Counselor do for the disciples?

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3. In John 16:13-15, how is the Spirit's work related to Jesus and the Father? Whom will He glorify?

Bring it into your life

How can these promises move your attention toward Christ in prayer and Bible reading?

Session 4: Hear Jesus and Follow His Mission

Reading Two: Trinity in the Book of Acts

Read Trinity in the Book of Acts.

Read in your Bible: **Acts 1:1-8; Acts 2:22-39.**

Acts continues the story after Jesus' resurrection. Jesus tells the disciples to await the Father's promise and receive power from the Spirit for witness. At Pentecost, Peter explains the outpouring by pointing to Jesus' death, resurrection, and exaltation. The Father, Son, and Spirit are revealed within God's saving work and the spread of the Gospel.

Look at the Passage

4. In Acts 1:1-8, what does Jesus tell the disciples to await? What mission does He give them?

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5. In Acts 2:22-32, how does Peter describe Jesus' death and resurrection? What testimony do the apostles offer?

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6. In Acts 2:33-39, how does Peter connect the Father, the exalted Jesus, and the Spirit? What response does he call for?

Bring it into your life

Where could you bear witness to Christ through a truthful word or an act of love?

Session 4: Hear Jesus and Follow His Mission

Connect the Two Readings

Hold the passages together. Record what supports each truth and include a verse reference.

What I learned	My response and verse reference
Jesus brings His people to the Father.	
The Spirit glorifies Jesus.	
The church bears witness to the risen Christ.	

Take One Step

Write a short account of Jesus' death and resurrection using Acts 2. Pray for one person to know Him and choose a way to show that person care.

Prayer

Father, thank You for raising and exalting Your Son. Spirit of God, help me understand the apostolic witness and speak about Christ with love.

Session 4: Hear Jesus and Follow His Mission

Optional Group Discussion

- How does John's setting help us understand Jesus' promises?

- How does Peter explain Pentecost through the story of Jesus?

- What is the difference between drawing attention to ourselves and bearing witness to Christ?

Listen with patience. Keep the passages open and let questions lead to further study.

Optional Further Reading

Read the whole chapter: **Acts 2.** Notice the proclamation of Christ, the call to respond, and the life of the new community.

What does this chapter add to what you learned? Include a verse reference.

After This Session

Return to one passage during the week. Follow through on your practical step and note what you learned.

Notes and Prayer Requests

Session 5: Live as God's People

Before You Begin

How does knowing God shape life within the church?

Opening prayer: Father, help me read Your Word with care, trust Your Son, and respond through the work of Your Spirit. Amen.

Reading One: Trinity in Paul's Letters

Read Trinity in Paul's Letters.

Read in your Bible: **Ephesians 1:3-14; Ephesians 2:11-22.**

Paul praises God for His saving gifts in Christ and speaks of believers being sealed with the Spirit. He then describes how Christ brings formerly divided people into one household. Both Jews and Gentiles have access to the Father through Christ in one Spirit. These passages connect teaching about God with gratitude, assurance, peace, and belonging.

Look at the Passage

1. In Ephesians 1:3-10, what gifts does Paul name in Christ? How do redemption and forgiveness relate to His blood?

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2. In Ephesians 1:11-14, what does Paul say about hearing, believing, and being sealed with the Spirit?

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3. In Ephesians 2:11-22, how does Christ overcome hostility? What does verse 18 say about access to the Father?

Bring it into your life

What barrier or resentment could you address in light of the peace Christ brings?

Session 5: Live as God's People

Reading Two: Trinity in the General Epistles

Read Trinity in the General Epistles.

Read in your Bible: **1 Peter 1:1-9; Jude 20-25.**

Peter writes to scattered believers and names the Father, Spirit, and Jesus Christ in the opening of his letter. He connects their living hope with Christ's resurrection amid trials. Jude urges believers to remain in God's love, pray in the Spirit, and await Jesus' mercy. These letters show faith becoming endurance, prayer, and care for others.

Look at the Passage

4. In 1 Peter 1:1-2, how are the Father, Spirit, and Jesus Christ named in relation to God's people?

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5. In 1 Peter 1:3-9, what gives believers living hope? How does Peter speak of faith and joy amid trials?

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6. In Jude 20-25, what practices are believers urged to follow, and how should they respond to people who doubt? What reason for praise closes the letter?

Bring it into your life

How could you show patience and mercy to someone with doubts rather than rush to judge?

Session 5: Live as God's People

Connect the Two Readings

Hold the passages together. Record what supports each truth and include a verse reference.

What I learned	My response and verse reference
The Father gives saving gifts in Christ.	
The Spirit marks and builds God's people.	
Hope in Christ shapes prayer and mercy.	

Take One Step

Choose one response from these letters: give thanks, pursue peace, pray, or show mercy. Ground it in a verse and record what you will do this week.

Prayer

Thank the Father for His mercy, Christ for redemption, and the Spirit for His presence. Ask for unity, endurance, and love toward people who struggle.

Session 5: Live as God's People

Optional Group Discussion

- How does Paul connect teaching about God with life together?

- What hope does Peter offer believers facing trials?

- How does Jude join prayer with mercy toward others?

Listen with patience. Keep the passages open and let questions lead to further study.

Optional Further Reading

Read the whole chapter: **Ephesians 2.** Read how grace brings life and how Christ gathers people into God's household.

What does this chapter add to what you learned? Include a verse reference.

After This Session

Return to one passage during the week. Follow through on your practical step and note what you learned.

Notes and Prayer Requests

Session 6: Look Toward the Fulfilled Story

Before You Begin

What hope does the Bible give you when the present feels uncertain?

Opening prayer: Father, help me read Your Word with care, trust Your Son, and respond through the work of Your Spirit. Amen.

Reading One: Trinity in the New Testament

Read Trinity in the New Testament.

Read in your Bible: **Galatians 4:4-7; Romans 8:9-17; 2 Corinthians 13:14.**

The New Testament reveals the Son coming into the world and the Spirit dwelling in God's people. Paul describes adoption, life in the Spirit, and fellowship within the grace of Christ and love of God. These passages bring the story close to daily life: believers belong to God, turn from sin, and learn to call Him Father.

Look at the Passage

1. In Galatians 4:4-7, what does God send His Son to accomplish? What does the Spirit of His Son express in believers' hearts?

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2. In Romans 8:9-17, how does Paul connect the Spirit with belonging to Christ, life, and adoption? What does he call believers to put to death?

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3. In 2 Corinthians 13:14, what gifts does Paul name in relation to Jesus Christ, God, and the Holy Spirit? How might this blessing shape life together?

Bring it into your life

How can belonging to God help you respond to fear or turn from one sinful habit?

Session 6: Look Toward the Fulfilled Story

Reading Two: Trinity in Revelation

Read Trinity in Revelation.

Read in your Bible: **Revelation 4:1-11; Revelation 5:1-14; Revelation 22:1-5, 16-17.**

Revelation uses visions and symbols to encourage faithfulness to God and the Lamb. The throne scenes bring worship to the Creator and the Lamb who was slain. The final chapter describes God's life-giving presence and the Spirit and bride calling people to come. Read the symbols within the vision; do not assume every repeated threefold image represents the Trinity. The book directs hope toward God's victory and life with Him.

Look at the Passage

4. In Revelation 4:1-11, why is the One on the throne praised? What does the vision reveal about creation and worship?

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5. In Revelation 5:1-14, why is the Lamb worthy? Who receives praise in verse 13, and how do those in the vision respond?

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6. In Revelation 22:1-5 and 16-17, what marks life in God's presence? What invitation do the Spirit and bride give?

Bring it into your life

What promise from these readings can strengthen your faithfulness today?

Session 6: Look Toward the Fulfilled Story

Connect the Two Readings

Hold the passages together. Record what supports each truth and include a verse reference.

What I learned	My response and verse reference
God gives adoption through His Son and Spirit.	
The Creator and Lamb receive worship.	
The story ends in life with God and an invitation to come.	

Take One Step

Write a few sentences tracing creation, promise, Christ's saving work, the Spirit's presence, and future hope. Use three references from this workbook. Turn one promise into prayer.

Prayer

Father, thank You for the hope given through Your Son. Spirit of God, help me walk in faith and holiness. Keep my eyes on Christ and the life You promise with Him.

Session 6: Look Toward the Fulfilled Story

Optional Group Discussion

- How does adoption connect God's saving work with daily life?

- What reasons for worship appear in Revelation 4 and 5?

- How can future hope strengthen love and obedience now?

Listen with patience. Keep the passages open and let questions lead to further study.

Optional Further Reading

Read the whole chapter: **Revelation 22.** Notice God's presence, the invitation to come, and the call to keep the words of this book.

What does this chapter add to what you learned? Include a verse reference.

After This Session

Return to one passage during the week. Follow through on your practical step and note what you learned.

Notes and Prayer Requests

Look Back: One God Across the Biblical Story

Review the six sessions. Use this table to recall a truth, then return to its passages before writing your response.

Session	Truth to remember	Bible references
1	God creates and begins His saving story.	Genesis 1:1-3; John 1:1-3
2	God promises His King and anointed messenger.	Psalm 110:1-4; Isaiah 61:1-3
3	The Son comes and sends His disciples.	Luke 1:26-38; Matthew 28:16-20
4	The Spirit equips witness to the risen Son.	John 14:16-17; Acts 2:32-39
5	God gathers and sustains His people.	Ephesians 2:18-22; 1 Peter 1:3-9
6	God brings the story toward life with Him.	Galatians 4:4-7; Revelation 22:1-5

Which connection across the biblical story has become clearer? Name an early passage and a later passage, and explain what each contributes.

How has this study shaped worship, trust in Christ, or dependence on the Holy Spirit?

Tell the Story in Your Own Words

Trace the story from creation and human rebellion through God's promises, the coming of Jesus, the Spirit's work, and the hope of life with God. Include at least three passages. Explain how the Father, Son, and Spirit are revealed without forcing a full doctrine into every early text.

Connect This Truth With the Gospel

Read John 3:16-18; 1 Corinthians 15:3-4; Titus 3:4-7. The Father gives His Son. Jesus dies for our sins and rises again. The Spirit brings renewal. Salvation rests on God's mercy, not our ability to master a doctrine.

In your own words, explain why we need salvation and what Christ has done. How do these passages call you to trust Him?

A Response of Faith

What would it mean for you to rest in Christ and follow Him today? Name a response of faith, repentance, or gratitude.

Keep Walking in Faith

Let this study become a pattern of listening to Scripture, prayer, love, and obedience. You do not need a perfect explanation before taking a faithful next step.

Choose a Reading Habit

Which passage or chapter will you return to? When will you read it, and how will you record what you learn?

Choose Someone to Serve or Pray For

Name one person. What act of love or prayer can you offer without turning every conversation into a debate?

Keep One Question Open

What question will you study next? Record the passages you want to compare and a first step.

Prayer

Father, thank You for making Yourself known through Jesus Christ. Help me trust His saving work, receive Your Word, and grow through Your Spirit. Teach me to love others, answer with gentleness, and walk in faith. Amen.