Teladoc® HEALTH

Live healthier at no cost to you



$0
cost to you

When you join Teladoc Health®, you'll have access to connected condition management devices, mental health resources and the support you need. Best of all, it's offered at no cost to you.

Diabetes Management
- ✓ Connected meter
- ✓ Unlimited strips and lancets

Hypertension Management
- ✓ Connected monitor
- ✓ One-on-one coaching

Diabetes Prevention
- ✓ Connected scale
- ✓ Expert guidance

...And more programs!*
- ✓ Health experts
- ✓ Personalized plans

Get started

Join by visiting **TeladocHealth.com/smile/UHCACES**
or call **877-280-0639** and use registration code: **UHCACES**

*You may also be eligible to receive additional tools and devices to live healthier. This can include a smart scale and digital tools to support your mental health.

To enroll in Teladoc Health, you must opt into at least one program that your company offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Teladoc Health program is not offered by your company, or if you do not meet the specific health criteria of that program, you will not be able to enroll.

Program includes trends and support on your secure Teladoc Health account and mobile app but does not include a phone, tablet or smartwatch.

Those who are pregnant, have diabetes or have a BMI that's lower than the program minimum may not qualify for the Teladoc Health program.

Las comunicaciones del programa Teladoc Health están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 877-280-0639 o visite TeladocHealth.com/bienvenido/UHCACES

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