How logging side effects can be useful and how to do it

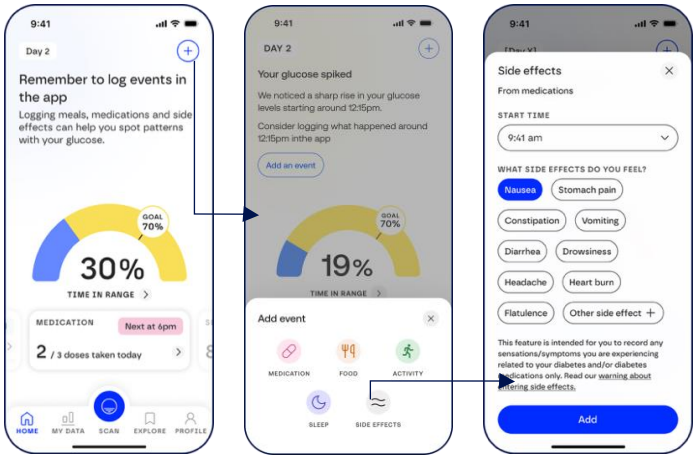
You can log any side effects from your GLP-1 medication in the Biolinq Shine™ app.

Why you should log side effects

Logging side effects can help you communicate to your doctor symptoms you may be experiencing during dose increases as well as with the medications in general.

Side effects logged in the Biolinq Shine™ app will appear in your glucose and lifestyle progress report.

How to log side effects



1. Tap the “+” icon in the top right corner of the home page.
2. “Add event” will pop up - tap “side effects”
3. If this is your first time using the side effects logger, make sure to read the warning. Then tap “continue”
4. Enter when the side effect started in “start time”
5. Choose from the list of side effects
6. Tap “add” to log the side effect

Remember that this feature is:

- Intended for you to record any sensations / symptoms you are experiencing related to your diabetes and / or diabetes medication.
- The list of possible symptoms you can record are typical symptoms the GLP-1 manufacturers list as possible with use with the medication.,
- Information logged using this feature is not sent directly to your healthcare team or to Biolinq customer service. You should contact your healthcare team with any questions related to use of the GLP-1 medication or the Biolinq Shine System. For device failures or issues, contact Biolinq as described in the instructions for use.

For safety information and instructions, refer to the Instruction Booklet in your kit or the Technical Manual at bioling.com/support.

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