REVISION DATE: AUG 2026

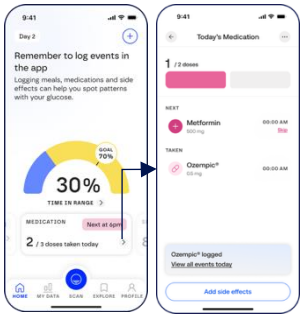
Why you should log medication, and how to do it

Why you should log medication

Logging medication in the Biolinq Shine™ app helps your doctor assess how well your medication is working.

How to log medication

When you registered with the Biolinq Shine™ app, you were asked to enter any medication you have been prescribed and to set up reminders. You need medication reminders to log medication.



If you've already added medication reminders

If you set up reminders, then you will receive a reminder notification.

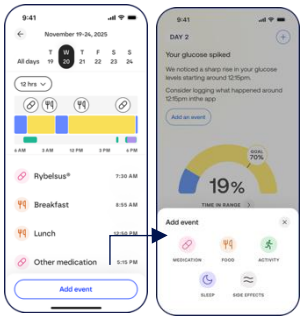
1. Go to "Today's Medication" by tapping either:
    - the reminder notification
    - the medication card on the home page
    - the plus icon in the top right of the home page and choosing "medication"
2. Tap the plus icon next your medication



If don't have medication reminders

To add medication reminders:

1. Tap profile at the bottom of the app
2. Tap medications
3. Either edit an existing medication to add a schedule, or tap "add medication"



If you forget to log your medication

1. Don't panic
2. Go to "My Data" at the bottom of the app
3. Find the day where you forgot to log
4. Tap "Add event" at the bottom of the app
5. Choose "Medication"
6. Tap the plus button next to your medication

For safety information and instructions, refer to the Instruction Booklet in your kit or the Technical Manual at bioling.com/support.

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