

## let's get started

Before you start, read the safety information in the Instruction Booklet in your kit

**applicator**

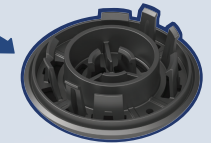


**sensor**

Inside the applicator  
There is also a **cover** to secure the sensor after you've applied it.



**base**



This guide shows you how to:

1. prep inside of forearm
2. remove base
3. apply sensor
4. apply cover

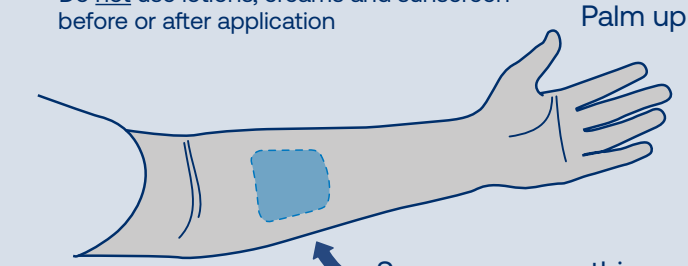
For video instructions:



[video.shine.biolinq.com](https://video.shine.biolinq.com)

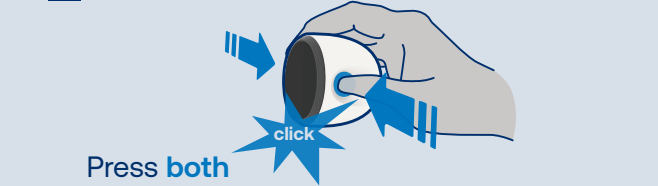
## 1 prep inside of forearm

- Shave any hair
- Clean with alcohol wipe or soap and water
- Dry completely before application
- Do not apply on irritated or damaged skin
- Do not use lotions, creams and sunscreen before or after application

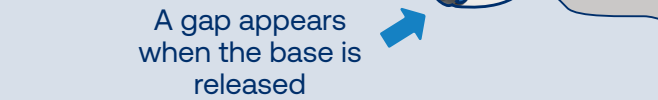


Sensor goes on this half of forearm and away from elbow crease

## 2 remove base

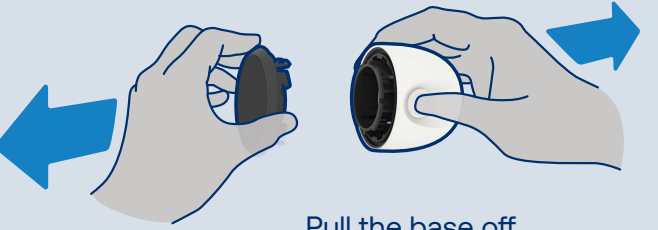


Press **both** buttons together at the same time

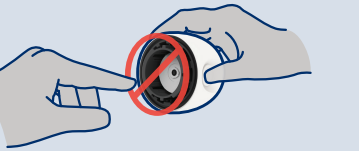


A gap appears when the base is released

- \* Do not use if damaged
- \* Do not use if the base is already released



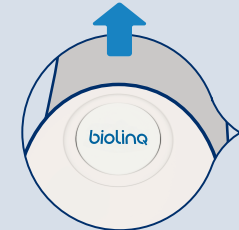
Pull the base off and set it aside



Do not touch inside the applicator

## 3 apply sensor

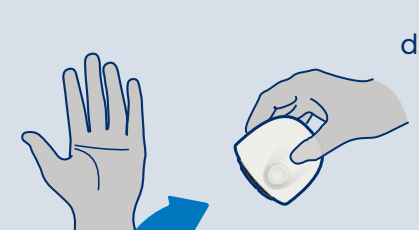
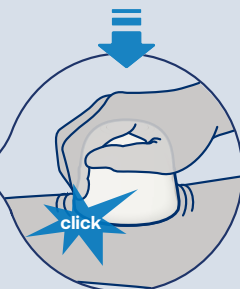
Hold applicator with the word '**BiolinQ**' upright



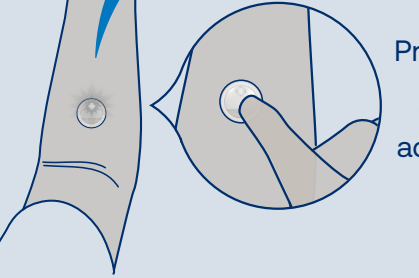
Place arm on stable surface

Push down firmly until click

Do not press buttons



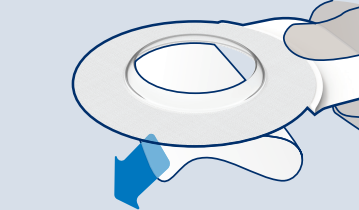
Remove and discard the used applicator



Press down firmly on sensor for 10 seconds to activate adhesive

## 4 apply cover

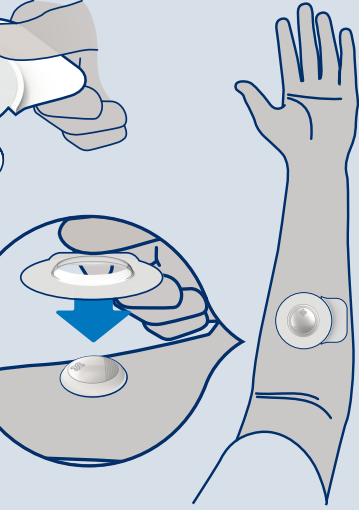
Find cover and remove packaging



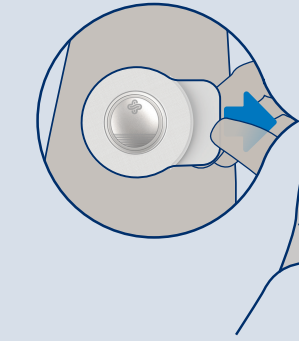
Peel larger tab

Align cover and place over sensor

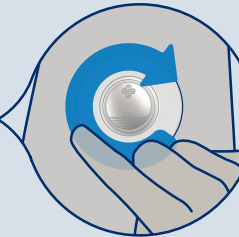
- \* Do not touch sticky underside of tape



Secure cover and remove remaining tab.



Rub in a circle 3 times to make tape stick



**turn over**



White light will blink  
for 2 hours while sensor  
is getting ready

## your glucose colors



**blue**

In range  
70-180 mg/dL



**yellow**

Above range  
Above 180 mg/dL

Both lights blink when  
glucose is rising

Rapid blinking  
above 400 mg/dL

There are two lights:  
the logo light  and the line light 

## other sensor colors



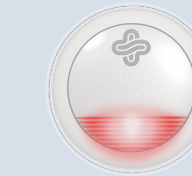
**white**

Wait  
Check again later



**purple**

End of wear  
Remove and discard



**red**

Below range  
Under 70 mg/dL

For more details,  
see the  
Instruction Booklet.

If you need to know  
your glucose, use a  
blood glucose meter.

## snooze mode

Turns off lights for up to 4 hours



**Note:** Lights will turn back on if there is a  
change in your glucose range or sensor status



Quickly tap twice - don't press -  
the center of the sensor to turn  
snooze mode on and off

You may need to try tapping  
at different speeds

## Download our iPhone app while your sensor gets ready

BiolinQ Shine™ sensor can work  
with or without the app



Use the BiolinQ Shine™ app to:

- Track your glucose, activity and rest
- Learn how your body reacts to different foods and activities
- Get suggestions based on your data

These are not the complete instructions for the BiolinQ Shine™ System.

For critical safety information and additional instructions, refer to the Instruction Booklet in your kit or the instructional videos available on [biolinq.com/support](https://biolinq.com/support).

For technical details, see the Technical Manual at [www.biolinq.com/support](https://www.biolinq.com/support) or you may request a free printed copy of the Technical Manual by contacting us at [support@biolinq.com](mailto:support@biolinq.com) or +1 (833) 317-5518.

**Device**  
BiolinQ Shine™ Autonomous Time-in-Range Microsensor

**Manufacturer**  
BiolinQ Incorporated, 10260 Sorrento Valley Rd, San Diego, CA 92121  
[biolinq.com](https://biolinq.com)

**Customer support**  
+1 (833) 317-5518  
[support@biolinq.com](mailto:support@biolinq.com)  
[biolinq.com/support](https://biolinq.com/support)

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## it's time to apply your sensor

Unfold to begin



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