

Suffering with knee arthritis?

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SUFFERING WITH KNEE ARTHRITIS?

Access the most advanced treatment for your knee arthritis at The Knee Clinic Manchester, a leader in biological treatments and robotic knee surgery

The Knee Clinic Manchester employs the latest, cutting-edge techniques to help you get back on the road to recovery and be able to do the activities you love again.

Not everyone with knee arthritis requires knee replacement surgery. The joint can be preserved using biologically enhanced techniques. Your body's own cells such as platelets and bone marrow-derived stem cells are used to treat your cartilage damage either with injections or surgically to repair your damaged cartilage.

If knee replacement surgery is required, this can be a daunting prospect. This is why The Knee Clinic Manchester has developed the most advanced techniques to get you through your operation with maximum comfort and great results.



Robotic knee replacement surgery is a huge advancement in the way knee replacement surgery is planned and carried out.

A CT scan is undertaken prior to the operation to create a three-dimensional reconstruction of your knee accurate to a millimetre. During the operation, the surgical plan is created using a live computer programme to assess your knee balancing and the Mako Robot is used to carry out the bone cuts, allowing perfect placement of the implants.

The key advantages are higher precision, resulting in better balancing and range of movement. The operation is done through smaller incisions, leading to less tissue damage, bleeding and pain, which is reported to result in a quicker recovery.

The most advanced anaesthetic and surgical techniques are used to ensure that you feel as good as possible after the surgery. The knee is stable from the time of surgery, and you can, with the help of crutches at first, put your full weight on it. The average time in hospital is usually one or two nights. No stitches need to be removed and, by six weeks, you'll be well on the way to a full recovery.

Mr Bilal M Barkatali is an experienced consultant specialist knee surgeon operating from The Circle Alexandra, Spire Manchester and HCA Wilmslow hospitals. He established The Knee Clinic Manchester with the aim of providing the highest quality care to patients requiring knee surgery.

● **Get 20% off an initial consultation with code: TKCM20. Valid until 31 August 2024. T: 07722 646372 or E: support@thekneeclinikmanchester.com to book an appointment. thekneeclinikmanchester.com**



Mr Bilal Barkatali explains how The Knee Clinic Manchester treats knee arthritis, from joint-preserving biological treatments using the body's own cells to Mako robotic knee replacement, offering millimetre-precise surgery, smaller incisions and a faster recovery.