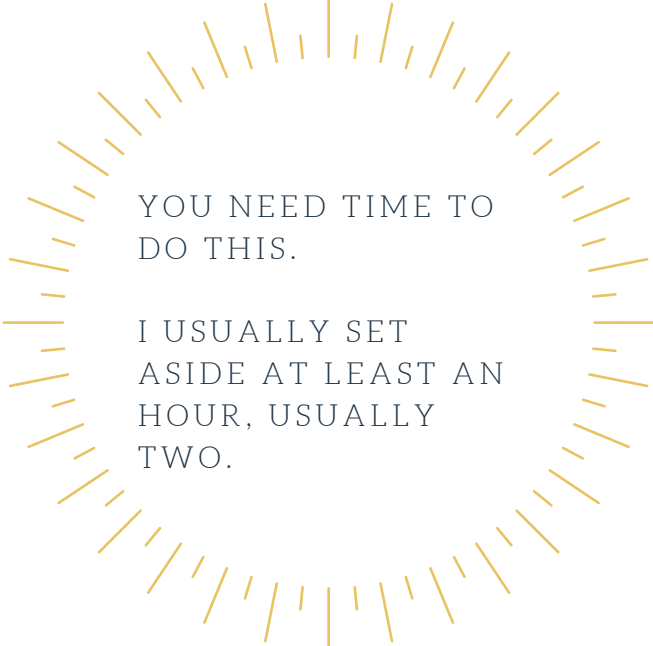


Charting a path in 2021



HELLO. I MAKE THESE EVERY YEAR AND THIS YEAR, I WANTED TO CREATE MY OWN VERSION. A FEW NOTES.....



YOU NEED TIME TO
DO THIS.

I USUALLY SET
ASIDE AT LEAST AN
HOUR, USUALLY
TWO.



I HIGHLY
RECOMMEND
DOING IT WITH A
GLASS OF WINE
AND SOME MUSIC



COME BACK TO
IT THROUGH
THE YEAR. IT'S
INTENDED AS
REFERENCE.

INSPIRED BY THE FOLLOWING YEAR-IN-REVIEW
TEMPLATES:

- 
- YEAR COMPASS
 - INK + VOLT
 - EMILY JEFFORD'S CREATIVE GOAL SETTING
 - ERIDITA'S NEW YEAR, FRESH HORIZONS
 - MYWAY YEAR PLANNING

2020 IN REVIEW



THE MIDDLES

GO THROUGH LAST YEAR'S PLANNING AND LOOK AT WHAT YOU
WANT TO MOVE FORWARD AND NOTES ABOUT WHAT
HAPPENED (NOTABLE EVENTS, ETC)

A large grid of small yellow dots on a white background, intended for writing notes.

THE BEST AND MEMORABLE



Jot these down quickly, and then come back to them at the end of the section to add anything you missed the first time around.

PROUDEST MOMENT

BEST PURCHASE

BIGGEST SURPRISE

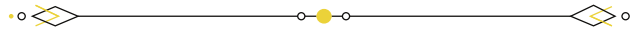
WHAT I LEARNED ABOUT ME

BIGGEST RISK

WHAT HELPED ME GET HERE

2020 IN REVIEW

WHAT ARE THREE THINGS THAT WENT WELL THIS YEAR?



1

2

3

Where did I find flow this year?

The best thing that happened this year

What goals did I have? did I achieve them?

WHAT ARE THINGS THAT DIDN'T HAPPEN, BUT I WANTED TO?

LETTING GO



THE MIDDLES

WHAT COULD'VE GONE BETTER?

WHAT STAYS BEHIND?

WHAT AM I MISSING? WHAT DID I MISS?

WHAT NEEDS TO BE FORGIVEN?

WHAT ELSE NEEDS TO BE LET GO?

Whether a person, a feeling, a grudge, whatever there are things that have to be left behind. A space for anything not captured above.

A large area for writing, consisting of a grid of small yellow dots on a white background, intended for capturing thoughts related to the prompt 'WHAT ELSE NEEDS TO BE LET GO?'.

VALUES



THIS IS A LONG LIST OF VALUES. CIRCLE THE ONES THAT MATTERED TO YOU LAST YEAR. CIRCLE ONES THAT YOU'D LIKE TO CULTIVATE THIS YEAR. IT'S OK IF SOME ARE THE SAME (OR DIFFERENT!) THERE'S ROOM FOR ANY THAT AREN'T IN THIS LIST.

AUTHENTICITY	FAIRNESS	POPULARITY	LOVE
ACHIEVEMENT	FAITH	RECOGNITION	LOYALTY
ADVENTURE	FAME	REPUTATION	MEANINGFUL WORK
AUTHORITY	FRIENDSHIPS	RESPECT	OPENNESS
AUTONOMY	FUN	RESPONSIBILITY	OPTIMISM
BALANCE	GROWTH	DISCOVERY	PEACE
INNOVATION	HAPPINESS	SELF-RESPECT	PLEASURE
BOLDNESS	HONESTY	SERVICE	POISE
COMPASSION	HUMOR	SPIRITUALITY	GRATITUDE
CHALLENGE	INFLUENCE	STABILITY	UNDERSTAN DING
TOUGHNESS	INNER HARMONY	SUCCESS	
COMMUNITY	JUSTICE	EXPLORATION	
COMPETENCY	KINDNESS	TRUSTWORTHY	
CONTRIBUTION	KNOWLEDGE	WEALTH	
CREATIVITY	LEADERSHIP	WISDOM	
CURIOSITY	LEARNING	REPRESENTATION	
DETERMINATION		SIGNIFICANCE	

WHO AM I GRATEFUL FOR? DO
THEY KNOW?

WHAT WILL I DO THIS YEAR TO IMPROVE THOSE RELATIONSHIPS?

PARTS OF YOUR WHOLE



Where do you want these parts of your lives to be in the next year? Think about the next three, six, nine or 12 months.

PERSONAL

Gratitude. | Mindfulness

FINANCIAL

SOCIAL

Family | Friends | Community

WORK

Success | Productivity | Innovation

GROWTH

Creativity | Giving Back | Inspiration

HEALTH

TOOLS AND MATERIALS



As much as we want, *things* are part of our lives. These are some things that you treasure or want to try in the coming year. In each box list influential examples as well as plans.

BOOKS

PLACES

TOOLS

Apps | Physical tools | Services

TECHNIQUES

Productivity | Mindfulness | Innovation

TREASURES

Significant items | People | Gifts

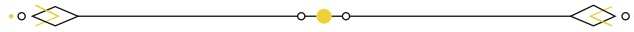
ART

SMALL PLANS



WHAT ARE THREE THINGS THAT I WANT TO DO THIS YEAR?

THE MIDDLES



1

2

3

Three ways I will reward and take care of myself

Three things I want to see this year

Three words that describe how i want to feel this next year

WHAT RESONATES AS THE TOP THINGS YOU WANT TO PLAN FOR?

A grid of yellow dots for writing.

LOOKING AHEAD



Answer with your heart, and try not to overthink what is happening. Draw, write, whatever makes sense to visualize.

I WANT TO CREATE TIME FOR...

MY CURRENT CHAPTER IS...
(What will your next chapter be?)

WHAT ADVENTURE DO I WANT?
Habits | Places | Risks

WHAT GIVES ME JOY?
Success | Productivity | Innovation

SOMETHING NEW I WANT IS...
Things | Hobbies | Strategies | Mindsets

NEW RITUALS & EXPERIENCES
FOR THIS YEAR ARE....

GET TO THE THEME



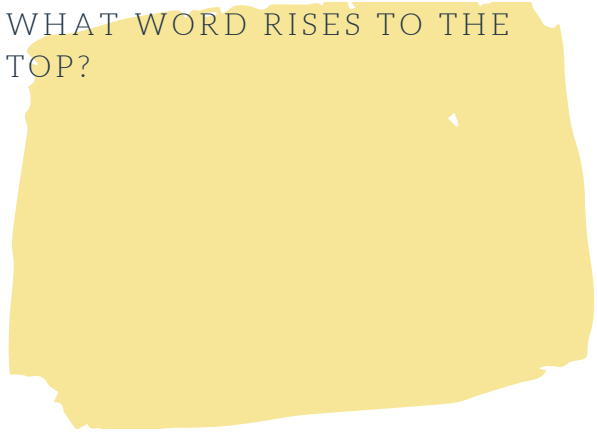
THE MIDDLES

HOW WILL I IMPROVE MYSELF
IN THIS YEAR?

WHAT BUCKET LIST ITEMS ARE
TOP OF MIND?

WHAT DOES THE NEXT YEAR
LOOK LIKE IF IT'S PERFECT?

WHAT WORD RISES TO THE
TOP?



WHAT ARE THE THEMES FROM EVERYTHING I'VE SEEN?

Here, draw and visualize what you think your theme is this year. Mine are often a single word, or a statement, but never a resolution or single goal. What's the big picture for your year? What do you need right now?

