



Question & Answer about eye drops and using the drop glasses.

1

Why don't I get any help applying eye drops?

You can easily put in eye drops yourself. With the help of eye drop glasses for example. This allows you to do it at a time that suits you best.

2

How do I put in eye drops?

Follow the eyedrop schedule prescribed by your doctor. Your pharmacy will provide an instruction card. It explains step by step how to use the drop glasses and provides helpful tips.

3

What can I do if I'm having trouble putting in my eye drops?

You can try using a tool like the eye drop glasses to see if it helps with applying the drops. If that doesn't work either, ask someone nearby for help. The eye drop glasses will help them with aiming. Your helper only needs to squeeze the bottle.

4

I'm not sure if I'm doing it right and /or have a question. Who can I contact?

If you have any questions about the eye drops or the drop glasses, contact your pharmacy for assistance.

5

What are drop glasses?

Drop glasses are glasses with three small holes in each glass. They are designed so that almost all drop bottles fit into a hole. This way, you do not have to hold the bottle yourself. This makes putting in your eye drops safer and easier.

6

How do I use drop glasses?

There is an instruction card available that explains step by step how to use the drop glasses. It also provides helpful tips. You'll receive the card at the pharmacy when you pick up your eye drops. You can also find the instructions and a [explainer video](#) on the [website](#).

7

Why do I use drop glasses?

Drop glasses are a tool that makes it easier and safer to put in your eye drops on your own. The glasses hold the bottle for you, so you don't have to do it yourself.



8**What if I can't use the drop glasses due to a physical limitation?**

Even with physical limitations, you can often (learn to) use the drop glasses. First see if someone around you can help you. Is there no one who can help you? Then contact your pharmacy for advice.

9**Where can I buy the drop glasses?**

The drop glasses are available for purchase at the pharmacy.

10**Who can get the drop glasses for me if I can't do it myself?**

Ask someone close to you, like a neighbour, family member, or friend, to buy the drop glasses for you from the pharmacy.

11**How much do the drop glasses cost?**

The drop glasses cost between 10 and 15 euros.

12**Does my health insurance cover the cost of the drop glasses?**

No, you have to pay for the drop glasses yourself.

13**Do I always have to buy drop glasses?**

No. You only need a tool like the drop glasses if you are not able to put in your eye drops on your own and there is nobody who can help you.

14**Can I receive care if I haven't bought the drop glasses?**

If you haven't bought or tried using the drop glasses, you will not receive additional care. You're expected to try it on your own first, with or without a tool like the eye drop glasses.

15**Can I receive care if I have bought the drop glasses but still can't use them on my own?**

Often, you can learn to use the eye drop glasses, even with physical limitations. First, see if someone nearby can help you. If there is no one available to assist, another tool might be more suitable for you. Contact your pharmacy for advice.

16**Who decides if I get professional care if I can't use the drop glasses?**

The home care worker will look at your situation and decide if you need professional care. The general practitioner and eye specialist do not make this decision.

17**Will I never receive professional help with my eye drops?**

Are you unable to put in eye drops yourself because of physical limitations? And is there no one around you who can help you? Then the home care worker will figure out the best way to give you the eye drops. This can be done with another tool or with professional care.



Scan this QR code to watch the instruction video.