

ADDITIONAL BENEFITS

Employee Assistance Program

Everyone needs a little help from time to time. That's why we offer you and your eligible family members access to licensed counselors through our Employee Assistance Program (EAP) through Magellan Health, Inc. The EAP is available to you whether or not you elect other benefits coverage through the Company.

You can contact the EAP for help with the following:

- Stress
- Marital or family problems
- Anxiety and depression
- Substance abuse (alcohol and/or drugs)
- Financial issues
- Child care issues—including identifying schools, daycare, tutors, and more
- Aging parents
- Pet care
- Maintenance and repair providers
- Community volunteer opportunities

Through the EAP, you and your family can receive immediate support and guidance, as well as assessments and referrals for further services.

It's important to note that all EAP conversations are voluntary and strictly confidential. In addition, there's never a cost to you when you contact an EAP counselor; the Company pays the full cost. However, if you and your counselor determine that additional assistance is needed, you'll be referred to the most appropriate and affordable resource available. Although you're responsible for the cost of referrals, these costs are often covered under your medical plan.



Magellan also offers apps that are available to help with a variety of conditions. Search for Magellan Health Services in the App Store or Google Play.



EAP services can be accessed online, 24/7, at magellanascent.com by creating a user email and password, by calling **800-327-1393**, or via the apps.

