

Contacts

Coverage	Contact	Group/ Policy #	Phone	Website
Titus Transport Benefits Call Center & Enrollment Support			866-317-9993	Available Monday through Friday 8 a.m. to 5 p.m. CST
Medical	UMR	76415205	800-826-9781	www.umar.com
Telemedicine	Teladoc	78387	1-800-TELADOC (835-2362)	www.teladoc.com
Prescription Drug	MedOne	XXUMRTITUS	888-884-6331	www.medone-rx.com
Dental	Ameritas	010-69366	800-659-2223	www.ameritas.com
Vision	UnitedHealthcare	0929492	866-270-5311	www.myuhcvision.com
Life and AD&D	Symetra	01-021788-00	877-377-6773	www.symetra.com/mygo
Disability	Symetra	01-021788-00	877-377-6773	www.symetra.com/mygo
Employee Assistance Programs	Symetra Marketplace Chaplains	01-021788-00	888-327-9573	www.guidanceresources.com web ID: SYMETRA
			877-442-4207	www.mchapusa.com Location ID: 8267
Critical Illness Accident Insurance Hospital Indemnity	Symetra	13580000	800-497-3699	www.symetra.com/mygo
LegalShield	LegalShield	304680	888-807-0407	www.shieldbenefits.com/ titus
401(k) Retirement	ADP	280435	800-695-7526	www.mykplan.com
Avant Sr. Market Solutions	Medicare Support		816-307-2115	lsiler@avantsb.com