Breast/Bottle Feeding Policy

The children's individual needs will be discussed with parents to ensure that they are met at the settling in session.

Feeds will be prepared as and when they are required by the babies and not as part of the nursery routine.

Breast Milk Policy

Auckland House Day Nurseries participates in the active encouragement of mothers to breast feed their babies. Therefore, the Nursery has put into place a Policy and associated Procedures to detail those arrangements necessary for the safe storage and use of breast milk.

- Containers - Breast milk should be brought to the Nursery in a sterilised bottle or in a sterile breast milk bag, suitable for the purpose of refrigerated storage and clearly marked with the infant's full name
- Bottles will be returned to parents/carers at the end of each nursery day. The containers will be washed but not sterilised.
- Parents must ensure that the container is sterilised before re-use. Storage Breast milk should be provided daily, unused milk will be discarded at the end of each feed.
- Breast milk is to be always kept sterile
- DO NOT leave breast milk at room temperature for more than 1 hour
- DO NOT heat breast milk on the stove or in the microwave Nursery Breast Milk Procedures

The following procedures are to be used by all staff handling, storing or using breast milk to feed an infant.

- Ensure that the parent has provided the breast milk in an airtight bottle clearly marked with the child's name and dated
- Breast milk is to be placed at the back of the fridge where it is the coolest prior to feeding an Infant with breast milk

Before feeding an infant with breast milk, ensure that:

- A positive identification of the child is made, the date is checked, and the correct breast milk is fed to the correct child
- Staff to ensure that they put on gloves and an apron when feeding a child breast milk

Warming Breast Milk

- Breast milk is to be warmed to a suitable body temperature to take the 'edge' off the milk by placing it in a bottle warmer
- The milk is then to be checked for temperature to ensure that the milk is cool enough for the baby to drink, using a temperature probe.
- DO NOT HEAT breast milk on the stove or in the microwave.

Feeding an Infant with Breast Milk

- Feed the baby as normal using a suitable bottle and teat
- Ensure that the baby is 'winded' correctly.

After feeding an infant with Breast Milk
- Unused breast milk (in that bottle) is to be discarded after 1 hour
- Record feed time and amount taken by the infant
- Discard gloves and apron

After final feed or at the end of the day discard all thawed and unused breast milk stored for that child Hygiene Breast milk is a bodily fluid, which carries with it a (small) risk of infection and/or disease.

The Nursery Policy is to advise staff handling or carrying out the feeding of breast milk to protect themselves against the risks of infection by
- Implementing good hygiene practices
- Using the PPE provided
- Avoiding actual contact with the breast milk
- Only employees that hold a level 2 food hygiene, and been trained and have undertaken training by the Leadership Team will undertake feed preparation.

Those parents who have requested their child to have formula milk at nursery must either.
- Provide either: a carton of ready to use formula milk, a sealed pre- prepared formula powder as originally purchased or formula powder in a sealed airtight container (with suitable pre- measured compartments which is named) alongside a suitable named bottle.

    - The name of the child and date of opening of the formula carton should be clearly labelled and discarded one month after opening.

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- Provide suitable ready-made formula milk in cartons, which can be opened at nursery then discarded at the end of the day. The Formula Milk is to be warmed as advised on the carton itself.

<u>Formula Milk Procedures</u>
The following procedures are to be used by all staff, handling, storing or using formula milk to feed a baby:
On Delivery: Ensure that the parent has provided the powder in an airtight unopened original container /or a carton of formula milk and a pre-sterilised bottle clearly marked with the baby's name prior to feeding a baby with formula milk and the correct formula milk is fed to the correct baby

Preparing Formula Milk To prepare a babies formula milk staff must.
- Read thoroughly the parent's instructions to indicate the amount of water that is to be boiled
- Boil the kettle and leave to cool slightly
- Wash hands
- Measure the correct quantity of water into the bottle
- Allow the water to cool for at least 20 minutes so that a reach a temperature of approximately 70 degrees
- Mix into the water the correct measurement of formula powder from the premeasured powder container
- Attach the sterilised teat and shake the bottle vigorously
- The milk is then to be tested using a temperature probe so that it is at body temperature.
- If the milk is still too warm to feed the baby with, hold the bottle under cool running water until it cools Feeding a baby with Formula Milk
- Feed the baby as normal using their bottle and teat
- Ensure that the baby is 'winded' correctly After feeding a baby with Formula Milk

- Discard any milk that has not been used within 2 hours
- Record feed time and amount taken by the baby Staff Responsibilities
- Staff will follow the correct procedures for handling either formula or breast milk and will adhere to both Food Hygiene standards and Health and Safety guidelines.
- Staff will adhere to this policy and its procedures.
- Staff will ensure that the 'Daily Formula Milk Preparation Sheet' is filled in accordingly.
- Staff should record the amount of formula or breast milk consumed by the baby in the baby's diary so that the parent can be informed of the child's intake for that day.
- During a feed: Babies will never be left unsupervised.

A member of staff (if possible, their key person) should hold the baby and sit on the armchair in the room.

Policy Written By: A Gregory

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Approved By: N Collins

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