

ELIZABETH GOOD

M.A.

Elizabeth Good is an author, speaker, ministry leader, and global advocate who equips individuals, families, and churches to break cycles of secrecy and exploitation and walk in healing, freedom, and God-given purpose.

Location:

Sarasota, Florida

Mentoring Strengths:

- Identity, Confidence, & Finding Your Voice
- Purpose & Calling
- Faith & Spiritual Growth
- Leadership Development
- Navigating Stress, Change, & Uncertainty
- Courageous Conversations & Healthy Boundaries
- Career Exploration & Professional Development
- Transitioning from Graduate School into Purposeful Work

What do you hope to contribute as a mentor?

To provide a safe, honest space where students can talk about the things that are often left unspoken. I hope to help them better understand who they are, recognize their strengths, find their voice, and move confidently toward the life and work they are uniquely called to pursue.

What special experiences do you have to contribute?

I bring more than 30 years of experience in leadership, ministry, advocacy, mentoring, and organizational development. As an author, speaker, entrepreneur, and founder of national and global initiatives, I have helped individuals and organizations navigate trauma, difficult conversations, major transitions, and purpose-driven leadership. I offer students both practical professional insight and a compassionate, faith-centered perspective—helping them turn challenges into growth and their experiences into meaningful impact.

Linkedin

PROFESSIONAL BIO

Elizabeth Good is Co-Founder and Chief Vision Officer of ReBe, a whole-health platform built to help people reset and reframe to become who they were always meant to be. She is an author, speaker, ministry leader, and global advocate passionate about helping individuals, families, and churches find freedom from the secrets and wounds that keep them from fully living out their God-given identity and purpose. With more than three decades of experience spanning corporate leadership, pastoral ministry, and global advocacy, she previously served as an Area Pastor at Willow Creek Community Church and is the founder of The Foundation United, an organization created to combat human trafficking and exploitation at their root causes.

Elizabeth is the author of Groomed and Speak the Unspeakable and creator of REAL TALK, a resource designed to foster honest conversations, healing, and freedom. She has delivered two TEDx talks and spoken to audiences around the world, bringing a bold, faith-centered message of truth, restoration, and purpose.

UNIVERSITIES ATTENDED

Argosy University Chicago
M.A.Clinical Psychology
Southern Illinois University, Carbondale
B.A. Communication
Palm Beach Atlantic University
Associates Degree

CURRENT OCCUPATION

Chief Vision Officer
ReBe