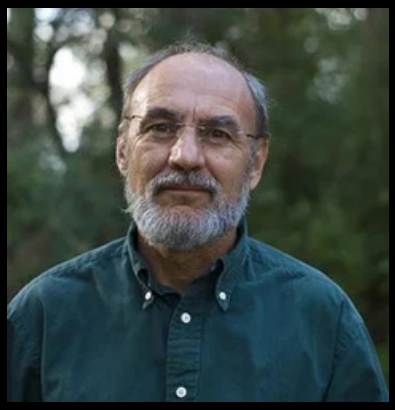


DR. PHILLIP BISHOP

Dr. Phillip Bishop is a scientist, professor, and former Naval officer exploring the intersection of Christian faith, science, leadership, wellness, and a life well lived.

AREAS OF EXPERTISE

Human Physiology

HOBBIES

Lifelong distance runner,
fishing, deer hunting, writing

FUN FACT

I have visited ~70 countries.

LIFE VERSE

"It is a trustworthy saying, worthy of full acceptance, Christ came to save sinners, of whom I am chief!"
1 Timothy 1:15

AVAILABILITY

- In-Person Local: **Northport, AL**
- Travel Available Nationwide
- Virtual Nationwide

PERSONAL SITE

LINKEDIN

PROFESSIONAL BIO

Dr. Phil Bishop is Professor Emeritus of Exercise Physiology at the University of Alabama, a U.S. Naval Academy graduate, former Naval officer, accomplished researcher, author, and longtime educator and mentor. Over more than three decades in higher education, he has taught and mentored students, conducted extensive research in human performance and exercise physiology, and spoken to audiences in the United States and around the world.

Phil brings together scientific expertise, practical wisdom, and a Christian worldview to explore topics ranging from science and faith to leadership, wellness, communication, and success in graduate school and beyond. Drawing from his experiences in the laboratory, classroom, military, athletics, and mentoring, he challenges audiences to think deeply about how faith shapes the way we learn, work, lead, and live—and how to build a life of lasting impact.

UNIVERSITIES ATTENDED

University of Georgia
Ed.D. Excercise Physiology

James Madison University
M.Ed. Physical Education

United States Naval Academy
B.S. Oceonography

SOME SPEAKING TOPICS

Science & Christian Faith
- *Evidence of God in Physiological Research*
- *Why Smart People Often Reject God*

Student Success & University Life
- *Getting the Most from Your University Experience*
- *How to Be Successful in School—and After*

Leadership & Personal Development
- *Leadership: Applied Selflessness*
- *Strategies to Reach Your Campus for Christ*

Health, Exercise & Wellness
- *AI and Physical Wellness*
- *Helping Your Friends Become Mentally Stronger*