

ELIZABETH GOOD

Elizabeth Good is an author, speaker, ministry leader, and global advocate who equips individuals, families, and churches to break cycles of secrecy and exploitation and walk in healing, freedom, and God-given purpose.

AREAS OF EXPERTISE

Trauma, healing & human flourishing, ACEs (Adverse Childhood Experiences) & prevention, Breaking silence / speaking the unspeakable: abuse, trauma disclosure, resilience, Whole-person wellness & leadership, Restoring wholeness and purpose, Founder journey / building purpose-driven organizations , Author/Storytelling

HOBBIES

Family, Travel, Cooking

FUN FACT

In 2023 and 2024, I traveled around the world twice through incredible speaking opportunities, visiting places such as Dubai, Thailand, Singapore, Germany, and Greece.

LIFE VERSE

"I waited patiently for the Lord; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear the Lord and put their trust in him."
Psalm 40:1-3

LINKEDIN

LINK TO PUBLICATIONS

PROFESSIONAL BIO

Elizabeth Good is Co-Founder and Chief Vision Officer of ReBe, a whole-health platform built to help people reset and reframe to become who they were always meant to be. She is an author, speaker, ministry leader, and global advocate passionate about helping individuals, families, and churches find freedom from the secrets and wounds that keep them from fully living out their God-given identity and purpose. With more than three decades of experience spanning corporate leadership, pastoral ministry, and global advocacy, she previously served as an Area Pastor at Willow Creek Community Church and is the founder of The Foundation United, an organization created to combat human trafficking and exploitation at their root causes. Elizabeth is the author of Groomed and Speak the Unspeakable and creator of REAL TALK, a resource designed to foster honest conversations, healing, and freedom. She has delivered two TEDx talks and spoken to audiences around the world, bringing a bold, faith-centered message of truth, restoration, and purpose.

UNIVERSITIES ATTENDED

Argosy University Chicago
M.A. Clinical Psychology
Southern Illinois University, Carbondale
B.A. Communication
Palm Beach Atlantic University
Associates Degree

SOME SPEAKING TOPICS

- *Trauma & Resilience*
- *ACEs Prevention*
- *Human Flourishing*
- *Purpose-Driven Leadership*

AVAILABILITY

- *In person : Based in Sarasota, FL*
- *Virtual Nationwide*
- *Travel Available Nationwide*