

LYMPHATOUCH®

Negative pressure therapy – the key to better treatment outcomes and higher income

Providing effective and impactful treatment is at the heart of physiotherapy. Yet in daily practice, you often face persistent challenges — stubborn swelling, tight scar tissue or pain that requires time and intensive manual work. It's no surprise that the physical demands of the job can affect physiotherapists' wellbeing and energy levels over time.

LymphaTouch is designed to meet these exact needs. By using negative pressure technology, the device reduces swelling, relieves pain and softens scar tissue — all while helping protect the therapist’s body and improve ergonomics.

Whether your specialty is musculoskeletal rehab, sports, women’s health or cancer recovery, LymphaTouch brings new efficiency and flexibility to your work.

This guide will show how LymphaTouch technology and its clinically proven benefits can support your physiotherapy practice. It helps you deliver more impactful care, expand your treatment offering and open new income opportunities.

1

What is Negative Pressure Therapy?

Negative pressure therapy is a versatile treatment method in physiotherapy that combines adjustable negative pressure with mechanical vibration. It activates lymphatic and blood circulation, reduces swelling and softens tissue safely and comfortably.
This innovative approach gives physiotherapists a precise and adaptable way to treat various soft tissue conditions.

LymphaTouch treatment combines clinical efficacy and accuracy. It lifts the tissue using negative pressure — in a way that manual techniques alone cannot achieve.
This results in faster and more visible improvements, such as scar softening, pain relief and improved mobility.

Adjustable settings make LymphaTouch ideal for both sensitive patients and demanding cases — from athletes to post-surgical recovery. Clear results can often be seen within just a few sessions, supporting your clients' wellbeing and quality of life.

Negative pressure therapy with LymphaTouch not only delivers strong clinical outcomes, but also reduces the physical strain on the therapist by improving ergonomics and protecting your hands and body.

2



How LymphaTouch Works

The negative pressure and high-frequency mechanical vibration generated by LymphaTouch activate lymphatic circulation and soft tissue in the treatment area.

This activation helps drain excess fluid and inflammatory substances, supporting the body's natural healing process.



- Cordless and compact: 8-hour battery life for clinic use, home visits or on-the-go treatment
- Clinically proven: backed by extensive research and positive user experiences
- Precise, device-controlled negative pressure for personalised treatment — safe even for sensitive clients
- Improves ergonomics and saves your hands during treatment

LymphaTouch uses a dynamic technique: the treatment head is moved along the skin, creating a lift in the tissue. This lift helps release muscle tension, increase circulation and relax soft tissue.

The Benefits

LymphaTouch improves treatment outcomes and enables more efficient work for the therapist. At the same time, it helps protect the professional's hands and energy. Its versatile applications offer an opportunity to expand your service offering.



LymphaTouch Clinical Evidence

Improve muscle tone, muscle stiffness and balance ability in stroke patients.
Kim et al. 2018

Reduce limb volume significantly more than MLD in lymphedema patients.
Lampinen et al. 2021, Leano et al. 2019; Vuorinen et al. 2013

Enhance recovery after sports by reducing DOMS.
Nummela & Mikkola 2013

Reduce swelling and increase range of motion pre- and post-operatively.
Dresing et al. 2019; Fischer 2019; Saul et al. 2020

Decrease pain and increase ROM in acute low back pain.
Greenstein et al. 2019

Significant decrease of overall pain perception compared to MLD in postoperative elbow surgery.
Weber et al. 2023

Decrease discomfort and facial tightness of patients with facial palsy.
Barth et al. 2017

Reduce pain perception significantly in lymphedema patients.
Ersoy et al. 2023

3

A Business Opportunity for Therapists

LymphaTouch is not only a powerful treatment tool — it's also a way to grow your business and offer more value to your clients.
The device brings a new dimension to physiotherapy: it attracts new clients, increases the frequency of sessions and allows for premium pricing on advanced services.

Attract New Clients

Negative pressure therapy offers effective solutions to common challenges like swelling, scar tissue and pain. Adding these treatments to your service offering can attract clients looking for innovative and result-oriented care.

Athletes, post-op patients and people with chronic conditions often find relief with LymphaTouch.

Expand Your Services and Grow Your Income

By offering negative pressure therapy, you can attract new clients, add value to existing client care, and ntroduce premium pricing through specialised services.

Try our easy-to-use income calculator to estimate your monthly earning potential »



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Discover the Potential of LymphaTouch

The implementation of the device is designed to be as easy and flexible as possible for physiotherapists. To help you see how negative pressure therapy delivers results in practice, we can walk through real before-and-after cases together.

Book an introductory meeting, and I will show you documented treatment outcomes and discuss how LymphaTouch could work in your practice.

Book a demo »