

Hand Luggage Only Packing Checklist

Fit it all in a cabin bag. Check your airline's size and liquids rules before you pack.

THE BAG

- ☐ Cabin bag that matches your ticket
- ☐ Bag measured when full
- ☐ Packing cubes
- ☐ Luggage scales (if weight is checked)
- ☐ Small zip pouch for essentials

DOCUMENTS & MONEY

- ☐ Passport
- ☐ Boarding pass (on phone + backup)
- ☐ Travel insurance details
- ☐ Payment cards
- ☐ Some local currency
- ☐ Accommodation address saved

LIQUIDS BAG (100ML EACH)

- ☐ Clear reusable liquids bag
- ☐ Shampoo & conditioner (decanted)
- ☐ Toothpaste (travel size)
- ☐ Moisturiser / skincare
- ☐ Travel-size suncream
- ☐ Contact lens solution

SOLID SWAPS

- ☐ Shampoo bar
- ☐ Solid deodorant
- ☐ Toothpaste tablets
- ☐ Solid suncream stick

TECH

- ☐ Phone
- ☐ Power bank (max two per person)
- ☐ One USB-C charger + cables
- ☐ Travel adapter
- ☐ Cable pouch
- ☐ Headphones
- ☐ Downloads for the flight

CLOTHES (5 DAYS)

- ☐ Wear your bulkiest items to travel
- ☐ 2–3 colour outfit plan
- ☐ Underwear & socks
- ☐ Tops & bottoms
- ☐ Light layer / jumper
- ☐ Sleepwear
- ☐ One pair of shoes (max) in the bag

TOILETRIES & HEALTH

- ☐ Toothbrush
- ☐ Medicines in original packaging
- ☐ Plasters
- ☐ Hairbrush / hair ties
- ☐ Razor (cartridge type)
- ☐ Glasses / contact lenses

SOMETHING TO DO

- ☐ Hive Pocket
- ☐ Taco Cat Goat Cheese Pizza
- ☐ The Fox in the Forest
- ☐ Book or e-reader

LEAVE AT HOME

- ☐ Hanging toiletry bag
- ☐ Full-size toiletries
- ☐ Bulky travel pillow
- ☐ Things you can buy there cheaply

MY EXTRAS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

