

A family's guide to check-ins

Your child's school uses YouHue, a daily emotional check-in. This guide explains what happens, what it's for, and what it isn't.

Why every day.

Feelings change. A once-a-year survey can't see a quiet week or a hard Tuesday. A minute a day can. And over time, naming a feeling gets easier, which is a skill children keep.

What your child does.

They pick how they feel from nine feeling faces, each opening more words, so they can be precise. If they want to, they add a few words of their own. Younger classes choose from five faces and tap why instead. Then they share it, and get a short note back: a kind word, or an idea to try.



What their teacher sees.

The feeling your child chose, and their words. Teachers use it to know who might need a closer look that day, and to choose the moment to talk. If something a child writes ever needs an adult right away, the teacher knows immediately.

Questions children ask.

What if I feel more than one thing?

Pick the one that's biggest right now. There's always tomorrow for the other one.

What if I don't know how I feel?

Okay is a real answer. So is confused. Picking the closest one is enough.

What if I don't want to?

That's allowed. Your teacher won't make a fuss. Try again tomorrow.

Three things to do at home.

- 1 Ask, then listen.** "How did you feel today?" works better than "how was school?"
- 2 Name your own.** "I'm a bit tired today" shows that feelings are normal to say out loud.
- 3 Don't ask to see it.** The check-in is your child's. If they want to tell you, they will.

Your child's data.

- **Who sees it:** the educators on your child's class and the school staff allowed to see wellbeing information. Other students never do.
- We never sell data and never show ads. YouHue follows COPPA, FERPA and GDPR.
- Your school is in charge of its data, and YouHue works only on the school's instructions.
- Everything YouHue sends to AI model providers, including what students write and families' questionnaire answers, is covered at every step: the providers can't use it to train their models, and they keep it only for a limited time. Our privacy policy sets out how long.
- We never train or fine-tune AI models on a school's data, including how the product is used.

The family questionnaire.

Your school may invite you to answer a few short questions about what helps your child. Your answers go to your child's teacher and help them respond in a way that fits.

Questions? Ask your child's teacher, or write to help@youthue.com.