

IMPORTANT CONTACTS

Coverage	Contact	Phone	Website
Medical	UMR	800-826-9781	www.umar.com
Prescription Drugs	RxBenefits-Express Scripts	800-282-2881	www.express-scripts.com
Telemedicine	Teladoc	800-835-2362	www.teladoc.com
Healthcare Concierge	Alight	800-513-1667	www.myhealthpro@alight.com
Dental	Delta Dental	800-544-0718	www.deltadentalia.com
Vision	Avesis	855-214-6777	www.avesis.com
Flexible Spending Accounts	Health Equity	877-924-3967	www.healthequity.com
Supplemental Life and AD&D	Prudential	800-524-0542	www.prudential.com
Short-Term Disability	Voya	855-663-8692	www.voya.com
Critical Illness	Voya	855-663-8692	www.voya.com
Accident Insurance	Voya	855-663-8692	www.voya.com
Identity Protection Services	Norton LifeLock	800-607-9174	lifelock.norton.com
Employee Assistance Program	Connections	800-779-6125	www.connectionseap.com
Onsite Clinic	Sukup Clinic	641-428-4765	
Open Enrollment Support	Avant Call Center	844- 288-1309	