St. Cuthbert's Catholic Primary School
Year 1 Autumn Newsletter

Dear Parents/Carers,

Welcome to the first newsletter of the year and a very special welcome to the Year 1 children. The children have already made a fabulous start and I am very impressed by the level of enthusiasm and interest that they are showing towards the challenges and experiences that this year will bring!

I am very much looking forward to meeting and getting to know you all during the course of the year. If you have any queries or concerns, please don't hesitate to call or email me using year1@stcuthbertsk.org. Emails will be checked on Tuesdays and Thursdays. I will be happy to help you with anything that you are unsure about and answer any questions you may have.

English



Our English work this term will focus on:

- Labels, lists and captions
- Instructions
- Recount texts

Where possible, English work will be linked to our main geography and history topics this term, which are 'Oliver Twist' and 'Polar Explorers'. Children will also be developing knowledge and skills in phonics, spelling, grammar, punctuation, reading comprehension and how to respond to different texts as well as developing speaking and listening skills.



Maths

The children will start the year focusing on place value of numbers up to 100. We will then move on to the four operations: addition, subtraction, multiplication and division. Within each of these areas, we will include problem-solving tasks.

Religious Education

The topics for this term are:

- Covenant and Creation
- Prophecy and promise



Relationships and Health Education

- I am Unique
- Clean and Healthy

Creative Curriculum

This term, Year 1 will be learning all about 'Oliver Twist' and 'Polar Explorers'; this will incorporate skills and knowledge in History, Geography, English, Maths, Art and Design Technology and Computing. We have numerous exciting activities planned that I know the children will thoroughly enjoy.

Notices

PE - PE will be on a **Tuesday** this term. Please ensure that children come to school in PE kits on this day. **The PE kit consists of: a plain white t-shirt, plain unbranded navy/black shorts and joggers, the school jumper and a pair of trainers for outdoor sessions.** Please note that if children come to school in non-uniform PE kit, they will be expected to change into spare school kit. No jewellery should be worn. If earrings need to be left in, families should provide plasters to cover them. Thank you.

School Uniform – Please ensure that your child wears full school uniform and that every item of their clothing is labelled clearly. More information about school uniform can be found on the school's website (https://www.stcuthbertsk.org)

Water Bottles – Please ensure your child has a labelled water bottle to keep in the classroom. It is important that children are able to open and close their own water bottles properly.

Packed Lunches – To promote a healthy lifestyle and maintain the school's Healthy Schools Accreditation, we would love to see children's packed lunches being as healthy as they can be! We would ask that fizzy drinks, energy drinks, sweets, chocolate (including chocolate biscuits), crisps and cakes are excluded from lunch boxes where possible. We would also like to remind parents that due to allergies, nut products are not allowed to be brought into school. We have put loads of ideas on the school website about ideas for a healthy packed lunch if anyone is stuck for any inspiration!

After School Club – We are really lucky to be able to offer children an 'After School Club' Monday-Thursday 6pm and Friday 5.30pm. This is being run by members of our school staff and utilises the excellent provision to give children stimulating activities in a familiar environment. For further details, please contact the school office.

Dates for your Diary September – October 2025

Tuesday 22nd September	9:00-10:00 MacMillan Reading Café
Tuesday 6th October	8:45am Year 1 Phonics/Reading meeting for parents/carers

Homework

It is vitally important to your child's learning that they are heard to read by an adult every evening for approximately 10 minutes. This does not always need to be your child's reading book – personal books can be included too. Please comment in your child's reading record to enable us to monitor their progress. Children can also access Reading Eggs using their own personal login.



- Spellings will be set on a Friday and will be tested the following Friday. This will begin after the October Half term.

I am very much looking forward to this year and working with you and your child. If you have any questions, please feel free to contact me and I will be more than happy to help you.

Many thanks and best wishes,
Mrs Anna Haighton and Mrs Denise Renforth
Year 1 Staff