01 / OUR WEEK

The Weekly Family Planner

A practical week at a glance: events, preparation, ownership and dinner.

WEEK OF _____ FAMILY _____

DAY	PLAN / WHEN	LEAVE + PREP	OWNER	DINNER / CHANGE
MON				
TUE				
WED				
THU				
FRI				
SAT				
SUN				

ONE THING TO PROTECT THIS WEEK

_____

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02 / REVIEW

Weekly Planning Review

Use the second page to make the week easier to understand together.

01 What is unusual?

Trips, school changes, visitors, appointments.

02 Who is getting us there?

Pickup, driving, drop-off, backup.

03 What must be ready?

Forms, gear, food, school supplies.

04 Which nights are busy?

Choose simple dinner plans and backups.

05 Who owns what?

Name a lead for important household jobs.

06 What stays the same?

Protect routines and one family moment.

THIS WEEK, WE CAN MAKE THE PLAN CLEARER BY...

One handoff to confirm: _____

One thing to prepare the night before: _____

One family moment to keep: _____

Try a short review each week. Keep what helps; remove what creates extra work.

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