

The physician who *knows* you.

Living longer is the easy promise. Living well is the work. CURA is where that work starts, and continues for life.

MEET DR LUKE WEE

One doctor, holding *the whole picture.*

Medicine has become extraordinarily good at finding things. Knowing which findings deserve to change your life is considerably harder.

Dr Luke Wee's work spans general, preventive, longevity, sexual and palliative medicine. He has cared for people trying to stay well and for those confronting the limits of what medicine can offer, and both have taught him the same thing: more testing, more treatment and more intervention do not always mean better care.

At CURA, he brings that judgement to the years ahead: to understand the person behind the results, to recognise risks before they become problems, and to make decisions that serve the life you actually want to live.

And to remain your doctor as that life changes.



DR LUKE WEE — FOUNDER

QUALIFICATIONS	PALLIATIVE MEDICINE	PRACTISING	PRACTICE
MBChB · FRNZCGP	Clin.Dip.Pall.Med.	Melbourne & Auckland	Founder, CURA

WHAT MATTERS TO YOU

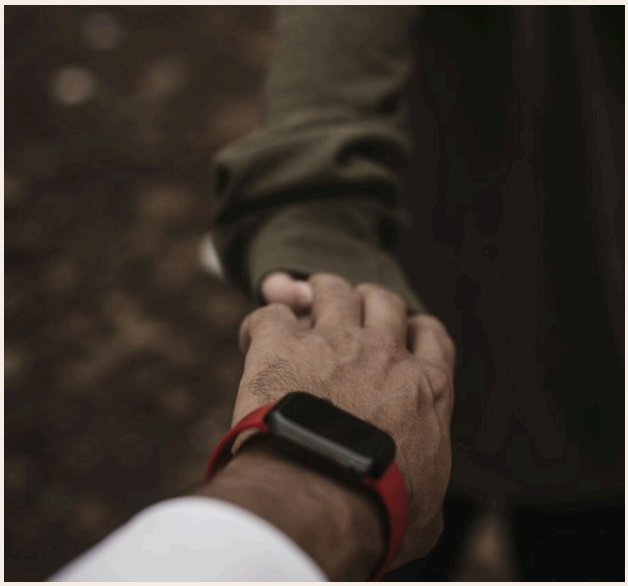
What would better health *feel like?*



01 More energy. A stronger body.

Cardiometabolic Health

ENERGY · STRENGTH · HEALTHY WEIGHT



02 More confidence in intimacy.

Sexual Medicine & Intimacy

DESIRE · FUNCTION · FERTILITY



03 Better sleep. A clearer mind.

Mind, Mood & Sleep

FOCUS · MOOD · SLEEP



04 Stay well for the years ahead.

The Longevity Game

HEART · BRAIN · INDEPENDENCE

WHAT WE LOOK AT

The tools are not new. *The judgement is.*



A standard baseline for every member, read as a trend over time. Beyond it, testing is added when it could change what we do, or answer a question that matters to you.

Heart and vessels	ApoB, ApoA1 and ratio hs-CRP and homocysteine	Lp(a), full lipid profile Blood pressure, clinic and home
Metabolic and organ	HbA1c, fasting insulin Full blood count, iron studies	Liver and kidney function B12, folate, vitamin D, thyroid
Hormonal	Testosterone, SHBG, LH, FSH AMH, semen analysis	Panel matched to life stage PSA, after a discussion
Body and performance	DEXA bone and body composition Home sleep study	VO_2 max
As indicated	ECG, Holter, echocardiogram Continuous glucose monitoring	Ambulatory blood pressure
Added by judgement	Coronary calcium score, FibroScan Functional medicine testing	Genetic risk, pharmacogenomics Emerging cancer markers

"To test is easy. Knowing what to do next is our specialty."

DR LUKE WEE

WHAT HAPPENS WHEN YOU BEGIN

From first call to a plan *you can act on.*

FIRST

A five-minute call

No charge. We confirm this is the right place to start.

BEFORE YOU MEET

Your history, read

Your history and records, read by Dr Wee before you arrive.

THE SESSION

Sixty minutes, in person

A focused examination and your priorities in writing.

WITHIN 48 HOURS

Your written report

Investigations, referrals and a plan for the year.

RESULTS BACK

Follow-up review

Your GP, an Intensive, or CURA Private. Your choice.



ON THE DAY

The handwritten action summary

Four to six priorities in order, signed before you leave.

WITHIN 48 HOURS

The written strategy report

Specific enough to act on, and yours to keep whatever you decide next.

Illustrative example. Every summary and report is written for the individual.



CURA PRIVATE · THE MEMBERSHIP

One physician. *Every chapter.*

One clinical relationship with a rhythm to it. Partners and parents welcome.

ENTRY	90 DAYS	QUARTERLY	BETWEEN	EACH YEAR
Strategy Session	**Your baseline**	**Clinical review**	**Direct access**	**Reassessment**
Your priorities, and the track for your year.	Where you stand, and a long-term plan.	What has changed, and what to adjust.	Your physician, not a front desk.	Against your own baseline.

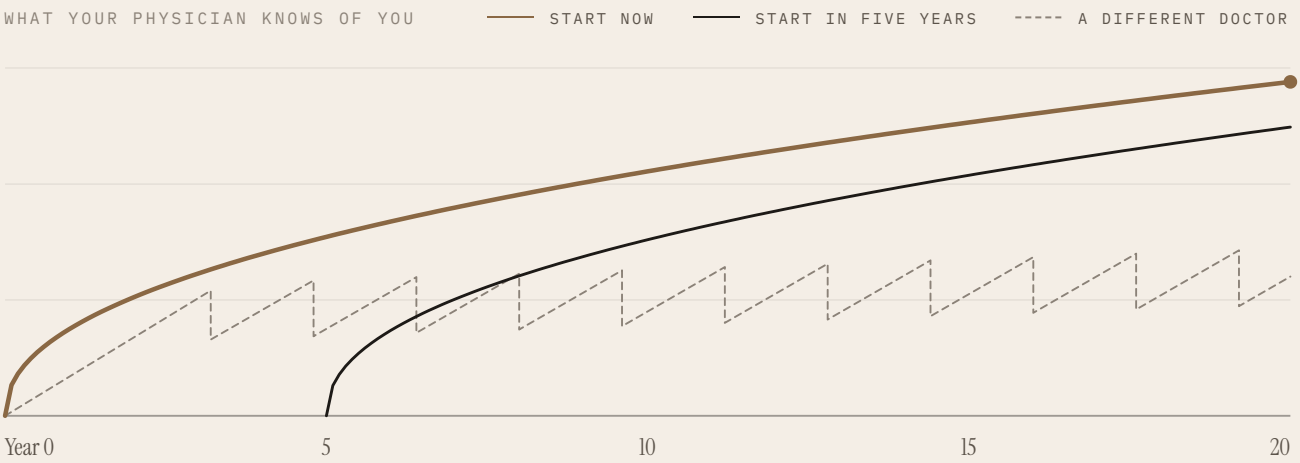
INCLUDED FOR EVERY MEMBER	BILLED SEPARATELY
Reviews with Dr Wee, all year	Urgent and unplanned care
Direct messaging	Home and hospital visits
Biomarker panel, DEXA, VO_2 max, sleep study	Tests outside your track
Specialist coordination	Medicines
One of four tracks	



YEAR AFTER YEAR

The relationship *compounds.*

Membership is renewed year by year. What each year buys grows.



YEAR ONE	YEAR TWO	YEAR THREE	YEAR FIVE	YEAR TEN +
Your baseline	Your trend	Your normal	Your context	*Your physician*

Illustrative only; not a measured clinical outcome.

"What you cannot buy retrospectively is someone who has known you for twenty years."

DR LUKE WEE



WHEN IT IS NEEDED MOST

When healthcare *becomes complicated.*

The measure of a physician is rarely the routine year. It is the year something goes wrong.

i.

A new diagnosis.

The right specialist, a clinical introduction, and one plan afterwards.

ii.

When life falls apart.

Seen by the doctor who knew you before, and treated properly.

iii.

Conflicting advice.

What each opinion rests on, and a decision you can stand behind.

iv.

A parent in decline.

Treatment, aged-care choices, and a physician in the room.

CURA is not an emergency service. If someone is at immediate risk, call 000 or Lifeline 13 11 14 (NZ: 111 or 1737).



HOW CURA COMPARES

More than a health check. *Not an ordinary appointment.*

	CONTINUITY CURA Private	POINT IN TIME Executive health check	EPISODIC Usual GP care
YOUR DOCTOR	The same doctor, year after year	Rarely the same doctor	Varies by clinic
BETWEEN VISITS	Scheduled reviews, with direct access between	One assessment, little follow-up	Usually patient-initiated
SPECIALISTS	Chosen for you, with an introduction	A referral letter, if needed	A referral letter
FAMILY	Care that extends to your parents	Parents not included	Varies by GP

CURA complements your GP rather than replacing them. Services vary between providers.

A deliberate beginning *for a deliberate practice.*

01 · START HERE

Strategy Session

$495 ONCE

- Records reviewed beforehand
- Sixty minutes, with a focused examination
- Handwritten action summary
- Written report within 48 hours
- Follow-up review of results

NO MEMBERSHIP OBLIGATION

02 · OPTIONAL

90-day Intensives

FROM $1,495

- Cardiometabolic & Hormonal Health
- Strength & Body Composition
- Gut Health & Nutrition
- Investigations included
- Each can be tailored

IN ADDITION TO THE STRATEGY SESSION

03 · MEMBERSHIP

CURA Private

$6,500 / YEAR

- Biomarker panel, DEXA and VO_2 max
- Home sleep study
- 90-day and 12-month plans
- Annual and quarterly reviews
- Direct access to Dr Wee
- Specialist coordination

FOUNDATION RATE · TEN PLACES

$495 credited in full if you join CURA Private within 30 days of your Strategy Session.

The Strategy Session fee includes the preliminary call, intake review, records retrieval and pre-reading, the consultation and examination, the action summary, the written report and the follow-up review. Investigations are billed separately by the laboratory or imaging provider. Billed privately, Medicare rebate whenever eligible. Membership fees are reviewed annually.

EVERY MEMBERSHIP STARTS WITH A CONVERSATION

Begin *the conversation.*

It begins with a five-minute call, at no charge. Dr Wee will tell you if CURA is not the right fit.



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AUCKLAND

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SCAN TO BEGIN

In person and by telehealth, by appointment. Basic Mandarin and Cantonese spoken, with interpretation when required.

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CURA

Curated care for life.

CONNECT · UNDERSTAND · RECOMMEND · ADVOCATE