

kelly suggate.
nutritionist

# Health that starts with her, and lives with them.

Evidence-based clinical nutrition support to help both mum and baby thrive.

**Private Health Fund rebates may apply.**

## Areas of support:

- Preconception + fertility
- Pregnancy nutrition
- Postpartum + breastfeeding
- Perimenopause
- Starting solids
- Fussy eating
- Gut health support
- Nutrient deficiencies
- Eczema + immune support



CPN Certified Practicing Nutritionist
AARPN
TM 2063292 The Australasian Association and Register of Practicing Nutritionists (AARPN) LTD


Kelly Suggate
**Certified Practicing Nutritionist**

Book now:
**www.kellysuggate.com.au | 0434 526 796**



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# A trusted nutrition partner to extend care for your patients.

Kelly Suggate is a Certified Practicing Nutritionist (Clinical) and member of the Australasian Association and Register of Practicing Nutritionists (AARPN), working collaboratively alongside GPs across the full reproductive lifespan. She utilises diet and lifestyle, health history, pathology and functional testing to build individualised nutrition plans for women + children.

Kelly is also trained in the SOS (Sequential Oral Sensory) Approach to Feeding, a structured, evidence-based method for supporting children with feeding difficulties, food aversions, and growth limitations.

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## Ideal referral patients:

- Women trying to conceive or undergoing IVF
- Pregnancy (including nausea, gestational diabetes + anaemia)
- Postpartum mothers (fatigue, nutrient deficiencies, thyroid conditions)
- Infants + children (fussy eating, poor growth, IDA + other nutrient deficiencies, eczema)
- Women in perimenopause (hormonal symptoms, energy, or bone health)

**TO REFER:** Email **hello@kellysuggate.com.au** with relevant patient details.