- Bios

Bios to copy and paste

Use the one that fits your program. Please keep the names and ™ marks as written. Mark's name is said moh-HAM-ad-poor.

Short

49 words

Mark Mohammadpour is a keynote speaker on building healthy teams and founder of Chasing the Sun. In his Leadership Keynote Conversations™, he shares the microphone with the room. A former communications executive for global brands, Mark lost 150 pounds and has kept it off for more than a decade.

Medium

91 words

Mark Mohammadpour is a keynote speaker on building healthy teams and founder of Chasing the Sun. He helps leaders build healthy, confident, and connected teams.

A former communications executive who led teams and strategy for global brands like Adobe, Microsoft, and the U.S. Army, Mark lost 150 pounds and has kept it off for more than a decade.

In his Leadership Keynote Conversations™, he shares the microphone with the room. Every person leaves with one move to make on Monday. Mark is Accredited in Public Relations (APR) and a PRSA Fellow.

Long

240 words

Mark Mohammadpour is a keynote speaker on building healthy teams and founder of Chasing the Sun. He helps leaders build healthy, confident, and connected teams, because healthy teams are wealthy teams.

A former communications executive who led teams and strategy for global brands like Adobe, Microsoft, and the U.S. Army, Mark lost 150 pounds and has kept it off for more than a decade. It happened one small step at a time. He believes teams change the same way.

As a 30-time award-winning agency leader, Mark often inherited teams that didn't pick him. His first move was always the same. He asked each person about their role and where they wanted their career to go. Then he listened, and acted on what he heard.

Today, his Leadership Keynote Conversations™ bring that same habit to the stage. He shares the microphone with the room. He interviews people before the event, so their own words show up on the screen. Every person leaves with one move to make on Monday.

Associations, HR leaders and executive teams book Mark for keynotes, offsites and follow-up trainings. Planners get a partner from first call to last session.

Mark is Accredited in Public Relations (APR), a Fellow of the Public Relations Society of America and a SHRM Recertification Provider. His sessions and writing have reached more than 200,000 people, including readers of his monthly well-being column for PRSA's Strategies & Tactics. He lives in Portland, Oregon.

mark@chasingthesunpdx.com
1-360-609-1077
markmohammadpour.com