A CHRISTMAS COUNTDOWN



24 Days of *Doing Less*

Twenty four small, simple things to do together from December 1 to Christmas Eve. Most of them are free.

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BEFORE YOU START

Do less, *enjoy more*

December fills up fast. The shopping, the concerts, the parties, the list that never seems to end. Somewhere in there, the good stuff gets squeezed out.

So here are 24 small things to do together, one a day, all the way to Christmas Eve. Most of them are free. A few cost about as much as a jug of hot chocolate. Six of them are for someone outside your house.

01 **PRINT AND CUT**
Print the card sheets and cut along the dashed lines. Regular paper works, cardstock holds up longer.

02 **MAKE IT A COUNTDOWN**
Tuck each card into an envelope, a stocking or a jar, and open one every morning.

03 **MOVE THEM AROUND**
Swap days to fit your week. Save the snow day for when it snows.

04 **CHECK IT OFF**
Colour in each day on the tracker page as you go.

> **The kindness cards.** Cards marked with a little heart are for someone else: a neighbour, a grandparent, a helper in your town.

merry christmas,
Stacy & Amanda

DAY 01



Mariah Morning

Wake everyone up with All I Want for Christmas Is You. Full volume.

TOGETHER

DAY 02



Christmas Lights Drive

Pile in the car in your pyjamas and go find the best lights in town.

TOGETHER

DAY 03



Bake for a Neighbour

Make a batch of something and drop it on a neighbour's step.

♡ KINDNESS

DAY 04



Letters to Santa

Everyone writes one. Grown-ups too.

TOGETHER

DAY 05



Hot Cocoa Night

Mugs, marshmallows and every topping you can find in the cupboard.

TOGETHER

DAY 06



Visit Someone Who's Alone

Spend an afternoon with an elderly neighbour, a relative or someone at a care home.

♡ KINDNESS

DAY 07



90s Christmas Night

Coloured lights on, an old Christmas movie and a big bowl of popcorn.

TOGETHER

DAY 08



Paper Snowflakes

Cut them out and tape them to every window in the house.

TOGETHER

DAY 09



Handwrite Christmas Cards

Send real cards to people who would love getting mail.

♡ KINDNESS

DAY 10



Family Game Night

Pull out the board games and let the kids pick.

TOGETHER

DAY 11



Read a Christmas Story

Pile on the couch and read one out loud.

TOGETHER

DAY 12



No Device Day

Phones, tablets and TV off for the whole day. Grown-ups too.

TOGETHER

DAY 13



Thank a Helper

Bring a treat or a note to your mail carrier, bus driver or teacher.

♡ KINDNESS

DAY 14



Make a Homemade Gift

An ornament, a drawing or a jar of cookie mix for someone you love.

TOGETHER

DAY 15



Candy Cane Hunt

Hide candy canes around the house and send the kids looking.

TOGETHER

DAY 16



Donate Together

Go through toys and clothes as a family and drop them off together.

♡ KINDNESS

DAY 17



Snow Day

Build a snowman, have a snowball fight or go sledding.

TOGETHER

DAY 18



Call a Grandparent

Call someone you don't talk to enough. Let the kids do the talking.

♡ KINDNESS

DAY 19



Christmas Craft Night

Paper chains, salt dough ornaments, whatever you have on hand.

TOGETHER

DAY 20



Old Photo Night

Pull out the old albums and tell the stories behind them.

TOGETHER

DAY 21



Sing Christmas Carols

In the car, at church or at a neighbour's door.

TOGETHER

DAY 22



Make a Family Recipe

Cook something from Grandma's recipe card together.

TOGETHER

DAY 23



Three Good Things

Everyone writes down three things they're grateful for and reads them at supper.

TOGETHER

DAY 24



Birthday Cake for Jesus

Bake it tonight and eat it for breakfast tomorrow. It doesn't have to turn out.

TOGETHER

DAY ___

YOUR OWN IDEA

DAY ___

YOUR OWN IDEA

DAY ___

YOUR OWN IDEA

DAY ___

YOUR OWN IDEA

DAY ___

YOUR OWN IDEA

DAY ___

YOUR OWN IDEA

YOUR TRACKER

Colour in each day

1 Mariah Morning	2 Christmas Lights Drive	3 Bake for a Neighbour	4 Letters to Santa
5 Hot Cocoa Night	6 Visit Someone Who's Alone	7 90s Christmas Night	8 Paper Snowflakes
9 Handwrite Christmas Cards	10 Family Game Night	11 Read a Christmas Story	12 No Device Day
13 Thank a Helper	14 Make a Homemade Gift	15 Candy Cane Hunt	16 Donate Together
17 Snow Day	18 Call a Grandparent	19 Christmas Craft Night	20 Old Photo Night
21 Sing Christmas Carols	22 Make a Family Recipe	23 Three Good Things	24 Birthday Cake for Jesus



MERRY CHRISTMAS

from our house *to yours*

We hope these bring a little more time together into your December.

Tell us which one your family loved most. We want to hear about it.

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